

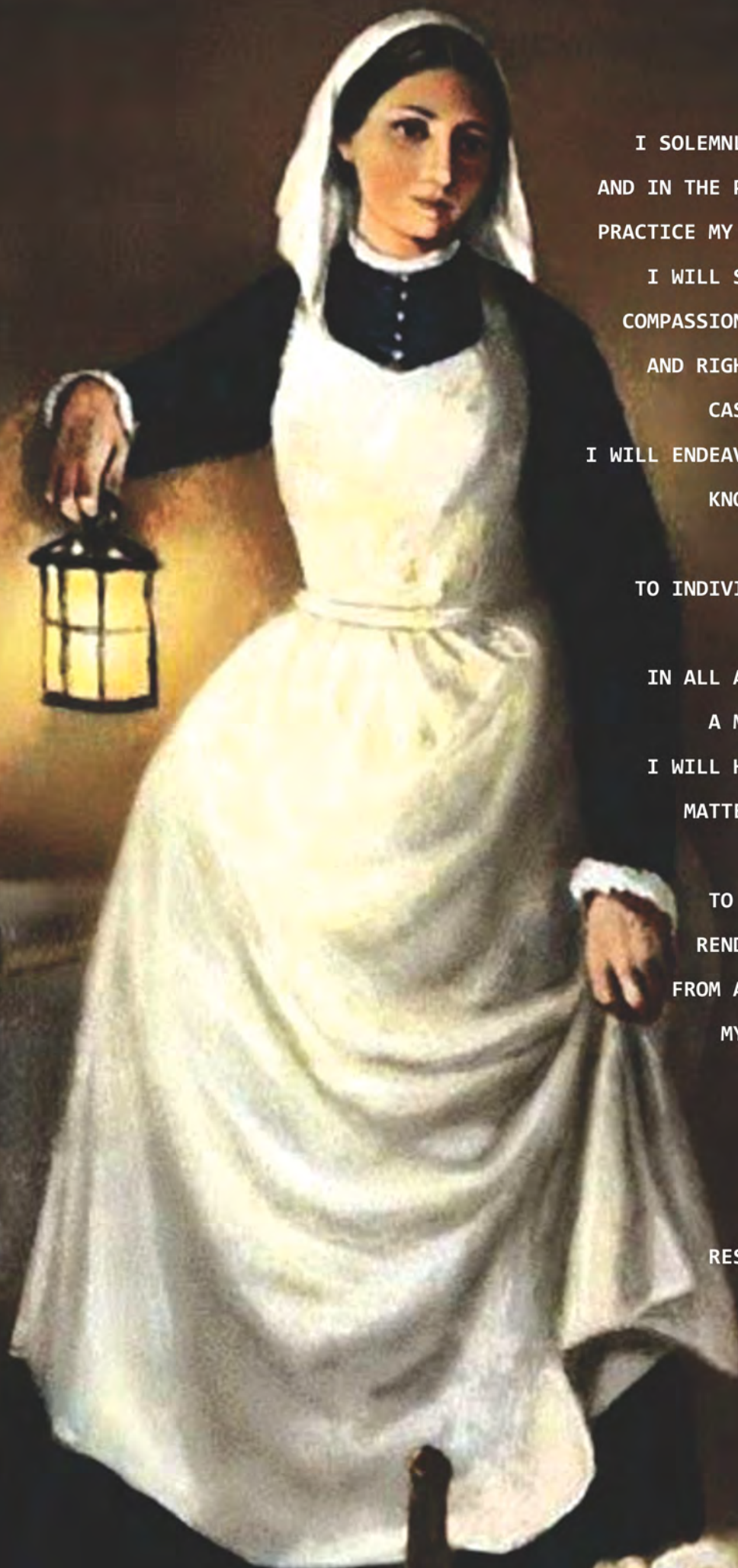
Creation

YENESIS

2020-21



YENEPOYA NURSING COLLEGE
MANGALURU



I SOLEMNLY PLEDGE MYSELF BEFORE GOD
AND IN THE PRESENCE OF THE ASSEMBLY TO
PRACTICE MY PROFESSION WITH DEDICATION
I WILL SERVE MANKIND WITH LOVE AND
COMPASSION RECOGNIZING THEIR DIGNITY
AND RIGHTS IRRESPECTIVE OF COLOUR,
CASTE, RELIGION, NATIONALITY.
I WILL ENDEAVOUR TO MAINTAIN UP-TO-DATE
KNOWLEDGE AND SKILL TO UPHOLD
STANDARDS OF NURSING CARE
TO INDIVIDUAL, FAMILY AND COMMUNITY
IN ALL SETTINGS AND
IN ALL ASPECTS OF HOLISTIC CARE AS
A MEMBER OF HEALTH CARE TEAM.
I WILL HOLD IN CONFIDENCE PERSONAL
MATTERS OF MY CLIENTS COMMITTED
TO MY CARE AND HELP THEM
TO DEVELOP CONFIDENCE IN CARE
RENDERED BY ME. I WILL REFRAIN
FROM ANY ACTIVITY THAT WILL HARM
MY PERSONAL AND PROFESSIONAL
DIGNITY AS A NURSE.
I WILL ACTIVELY SUPPORT
MY PROFESSION AND
STRIVE TOWARDS MY
RESPONSIBILITIES AS A CITIZEN
AND ENCOURAGE CHANGE
TOWARDS BETTER HEALTH.

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YENEPOYA
[DEEMED TO BE UNIVERSITY]
Recognized under Sec 3(A) of the UGC Act 1956
Accredited by NAAC with 'A' Grade

VISION

To provide access to quality higher education, ensuring equity, to create a vibrant knowledge capital and to create inspiring leaders of tomorrow who can take this country to the forefront of the developed nations.



MISSION

- ◆ To achieve academic excellence and global competencies among students.
- ◆ To create an environment for the generation of new knowledge through meaningful research, adopting latest methods of pedagogy and incorporating modern principles of academics integrated with highest ethical standards.
- ◆ To extend the knowledge acquired and new knowledge generated for the development of the community.



FOUNDER



LATE AL-HAJ YENEPOYA MOIDEEN KUNHI
FOUNDER OF THE INSTITUTION
(1905 - 1983)

MESSAGE



Humanity is witness to the fact that nursing is one of the most honourable and respectable professions in health care today. However, it is also one of the most challenging and difficult career. A nurse needs to be very well qualified professionally but also inculcate a positive attitude of selfless service. Nurses today must be prepared to adapt to the continual changes occurring in the health care scenario as they play a vital role in the delivery of multi-disciplinary health care services, not only in India but across the world.

Keeping this in mind, it becomes very imperative for our nursing students to bring out the best in themselves not only in terms of academics and curriculum, but also on a professional and personal level.

In this context, I am delighted to know that Yenepoya Nursing College is bringing out its annual college magazine 'YENESIS2020-2021'. It is my pleasure to pen a few words of encouragement for the management, staff and students. The college magazine will play a significant role in highlighting the achievements of the college, while also serving as an ideal platform for students and teachers to showcase their thoughts, talents and team-spirit.

I congratulate the editorial team and all who have contributed towards making of this magazine. A word of appreciation for Dr. Leena K.C., Dean/Principal - Yenepoya Nursing College – for her concerted efforts in elevating the image of the institution and the quality of education. Keep up the excellent work.

Thank you.

A handwritten signature in blue ink, appearing to read 'Yenepoya Abdulla Kunhi'. The signature is stylized and fluid.

Mr. YENEPOYA ABDULLA KUNHI
Chancellor, Yenepoya (Deemed to be University)

MESSAGE



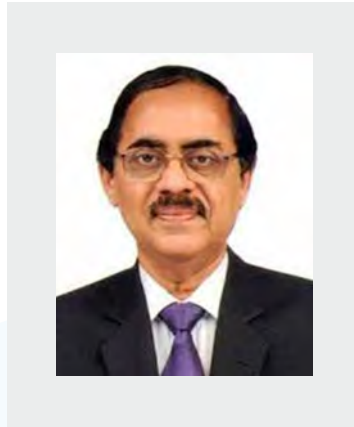
A magazine is an important document which is the happy repository of the events, achievements and also a platform for revealing the glimpse of ideas of students and faculty. For the students, this is a productive and co-curricular skill development floor.

It is with great pleasure that Yenepoya Nursing College is bringing out the fourth edition of college magazine 'YENESIS' for the academic year 2020-2021. I do hope that magazine will highlight the academic and non academic talents of students. The students and faculty's effort in publishing this magazine with interesting write ups is appreciable.

Dr. M. VIJAYAKUMAR

Vice Chancellor
Yenepoya (Deemed to be University)

MESSAGE



Academic excellence has become a way of life with all of us at Yenepoya (Deemed to be University). Nurturing creativity and inspiring innovations are two key elements of a successful educational. Educational institutions should take care of all aspects of development of students to shape them into empowered citizens of the future.

Nursing is one of the most honourable and respectful profession in the present healthcare system. The present day nurses must be prepared to adapt to the continual changes occurring in the healthcare and be ready to deliver multi disciplinary services in the healthcare. Hence, our nurses training should aim at nurturing them with all essential values of life on one hand and at the same time we should provide them with the knowledge, skills, attitude to learn and adapt high-tech healthcare. I am sure Yenepoya Nursing College aims at imparting best education and training to their students.

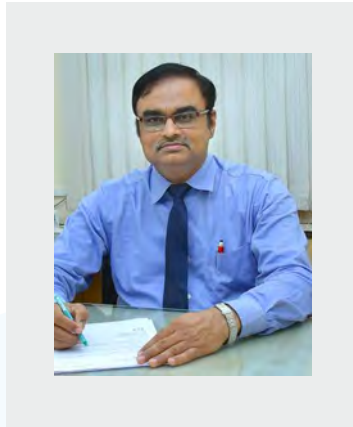
I am very happy to convey my congratulations and best wishes to all the students and faculty for their endeavour in bring out this wonderful E-magazine.

Dr. Sripathi Rao

Pro Vice Chancellor

Yenepoya (Deemed to be University)

MESSAGE



I am very happy to know that the Yenepoya Nursing College is bringing out this year's issue of their annual magazine 'YENESIS 2021'.

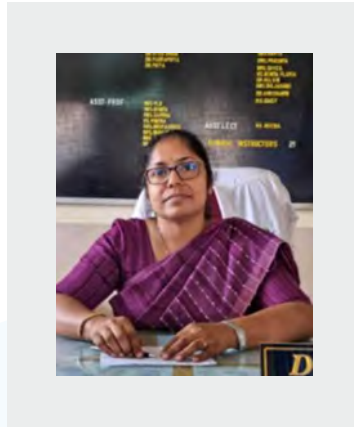
The COVID pandemic has disturbed our routine so much that all of us are badly in the need of activities to keep us occupied and to bring some solace to the depressing situation. A multi-thronged strategy is needed to tackle the crisis and overcome a robust education system for long term use. The magazine is the perfect avenue for us to get the hidden talent and the creativity out of the staff and the students. The magazine is also a place for us to reflect our curricular and extra-curricular achievements and present them in one place. Magazine plays a significant role in highlighting the achievement of the college. I congratulate the Dean, Vice Principals, editorial team, faculty and the students of the nursing college for their continuing efforts in getting the magazine released during these difficult times.

I wish everyone all the best.

Dr. GANGADHARA SOMAYAJI

Registrar
Yenepoya (Deemed to be University)

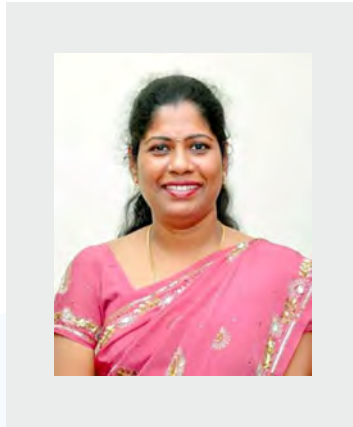
MESSAGE



Yenepoya Nursing College has always strived towards excellence in nursing education. Each issue of our college magazine unleashes a wide spectrum of creative skills ranging from writing to editing and even designing. The college magazine is an excellent medium to channelize the budding talented writers and encourage their writing skills, which will inspire and motivate them to read and write much more. It is indeed pleasing to note that the annual college magazine “YENESIS” is ready to release. I congratulate the editorial team for their excellent and persistent teamwork in collating and successfully bringing out YENESIS echoing voice of all. I am sure this e-magazine will stir the mind and enthusiasm of the readers.

Dr. LEENA K C
M.Sc.(N)Ph.D(N)
Dean/Principal

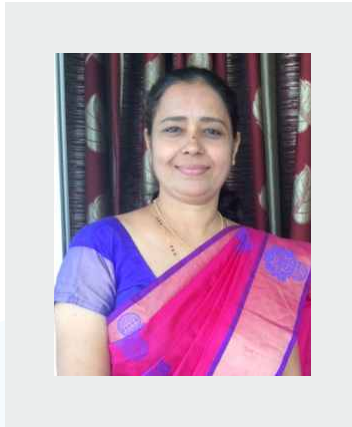
MESSAGE



I am extremely sanguine that the Yenepoya Nursing College is releasing its annual magazine “YENESIS” with its wheel of excellence. I am very much glad to pen for this magazine. The college is committed to excel in all activities to produce the next generation leaders with high potential and creativity. A magazine provides a platform for students to exhibit their budding talents and creativity. I am sure that YENESIS exemplifies the voyage transfers and explores the ideas of the students. It is the window to the activities of students. I compliment the teachers and the students for their devotion and dedication to accomplishing the task. Wishing the Yenepoya Nursing College many more achievements and remarkable growth in the years to follow.

Dr.Umarani J
Vice Principal
(Administration)

MESSAGE



Heartiest congratulations to the editorial board for their creative efforts in bringing out the college magazine. This is the platform which enables teachers and students to share and display their ideas and creative talents. I believe that nurturing creative and inspiring innovations are two key elements of a successful education.

With Warm wishes,

Mrs. Janet Prima Miranda
Vice Principal (Academic)

MESSAGE



I am extremely happy to present before you the fourth edition of the college magazine- 'YENESIS'. The effort took by the team keep you fresh and entertained each and every second you go through the magazine.

I believe in the holistic development of the individual and each one is provided an opportunity to show their talents which should not go unnoticed.

May each of our students to be self-reliant in his/her endeavour with commitment to achieve the dreams ignited in them.

Each edition of YENESIS indicates uniqueness in our student's talents and achievements. And I thank all the team members who involved in this process directly and indirectly to make the dream into success.

Thank you all,

Have a nice time

Mrs. Anju Ullas
Assistant Professor
Dept. of MSN, Staff editor

MESSAGE



Being a part of the college magazine yenesi 2020-2021 is a source of great satisfaction and privilege for me. It gives a platform for all students to improve their learning skills.

The college's main goal has been to achieve human excellence by moulding students' personalities through a variety of extracurricular and co-curricular activities, as well as instilling moral values in them. Our budding talents have creatively expressed their thoughts, ideas, hopes, feelings, aspirations, and convictions.

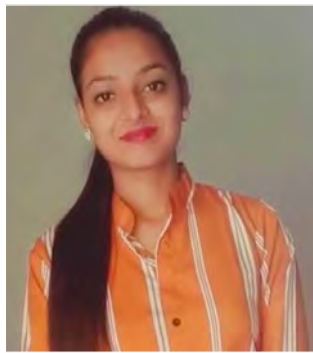
I extend my heartfelt gratitude to the principal, vice-principals, faculty members, as well as our editorial board and students, for making this college magazine a reality.

Mr. Sreekanth PS
Lecturer
Dept. of MSN, Staff editor

STUDENT EDITORS



Mr. Neeladri Paniker
III B.Sc(N)



Ms. Sinchana
IV B.Sc(N)



Ms. VinuSahana
II B.Sc(N)



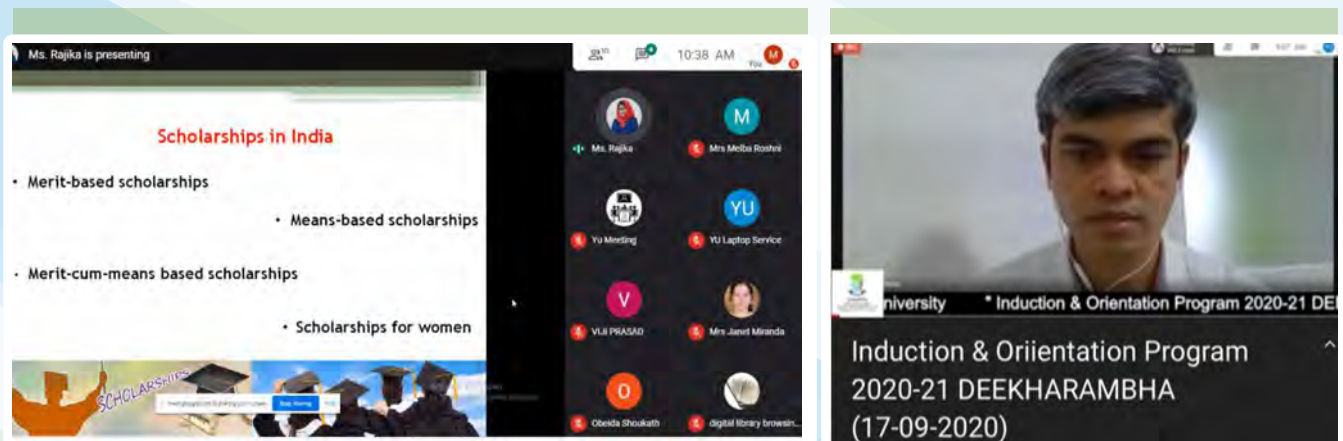
Ms. AswathiSasi
I B.Sc(N)



DEEKSHARAMBH

Induction and orientation programme 'Deeksharambh" program was conducted through online mode for B.Sc (N), P.B.B.Sc (N) and M.Sc (N)-2020-21 batch from 14th to 21st September 2020.

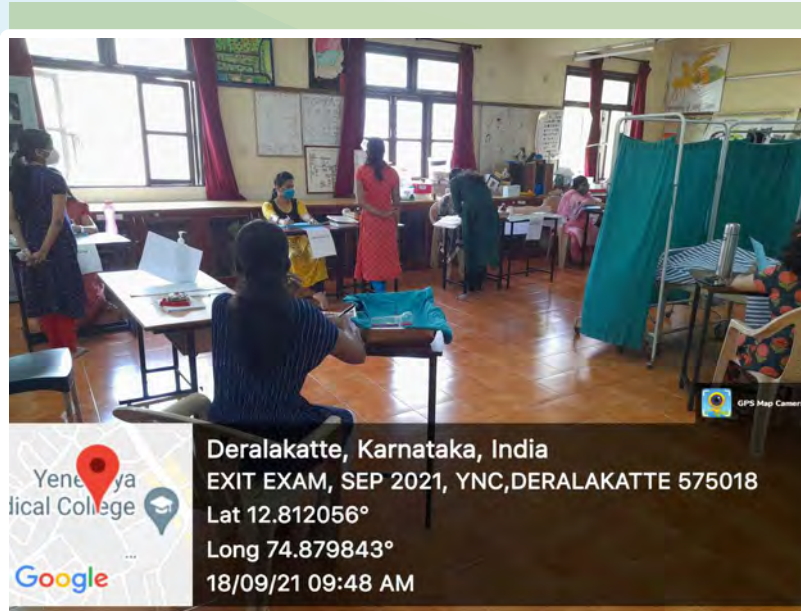
Session on Code of Conduct, Environmental Management System at Yenepoya University, Destined to Reign in Life, Scholarship Opportunities, Anti-ragging, Role of English Language in present Scenario, YENGAGE/ IT Orientation, Science and spirituality, Library Orientation, Healthy Life style, Taking charge of digital life, Gender Sensitization, NSS program Orientation, Literary Activities, Cultural & Sports, General facilities, Introduction to mentor activity, Academic/ Research facilities, Introduction to Yoga, Substance Abuse prevention.



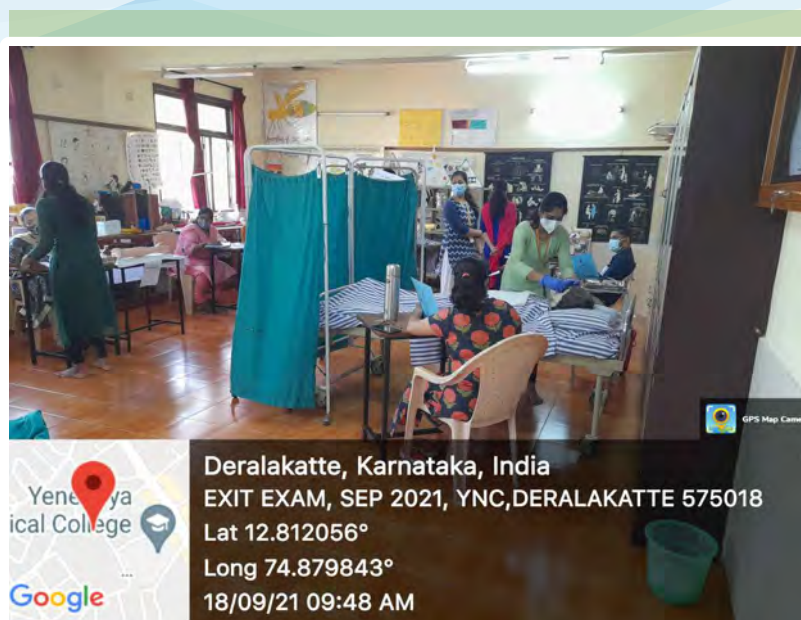
Orientation on Nursing College, faculty, mentorship orientation, How to remain active – introduction to clubs and associations; SNA, NSS, Red cross, Red ribbon, YUAA, "Know who" – Student introduction and interaction, Nursing Profession – past, present, future (Alumni interaction), Curriculum orientation, Subject orientation, were the main highlights of the programme.



EXIT EXAM



Exit exam was conducted for the 2020-2021 outgoing batch with the objective to evaluate the essential competencies achieved. The essential competencies (knowledge and skills) required by a novice graduate nurse were identified by the departments. MCQ online test was conducted through Learning Management System (YENGAGE) and the skill is assessed by skill stations (OSCE). Student's interpersonal and technical skills were also assessed. Individual feedback was collected from the students after completion of their examination.





FINISHING SCHOOL

The 4th "FINISHING SCHOOL PROGRAMME" (a comprehensive programme for outgoing batch with focus on overall) was organized in collaboration with Advanced comprehensive Clinical Training and Simulation Centre, Yenepoya (Deemed to be university). Finishing school Programme included basic nursing skills and advanced Skills like PALS, ACLS Protocol (non-AHA) and AHA certified BLS. The sessions on Professional skills, leadership, ECG monitoring and recording, chemotherapy and career guidance were taken through online mode (Google meet). All other Hands-on basic Nursing skills and advanced skills were held at Advanced comprehensive Clinical Training and Simulation Centre(Acts Yen), taking all necessary precautions against spread of COVID 19.



Pre-test and Post-test was conducted through Learning Management System (YENGAGE). Feedback on finishing school Programme was also obtained.



STUDENT NURSES ASSOCIATION



S N A Office Bearers



S N A THEME OF THE YEAR



Onam and Muharam Celebration





SNA COMPETITION WINNER



Ms. Aswathi UK
Music Magic - 1st Place



Ms. Aparna K
Music Magic - 2nd Place



Ms. Asiya Banu
Flash My Poses- 1st Place



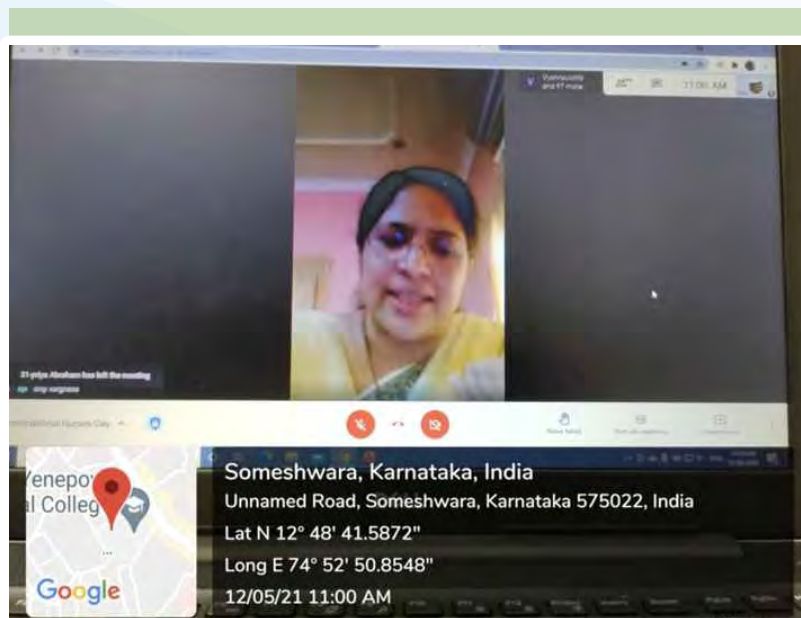
Ms. Carolin Rose
Beauty Pageant - 1st place



Ms. FebaThampi
Beauty Pageant - 2nd place



Nurses Day Competition May 12 2021E-Poster



Nurses Day Celebration May 12 Motivational Speech

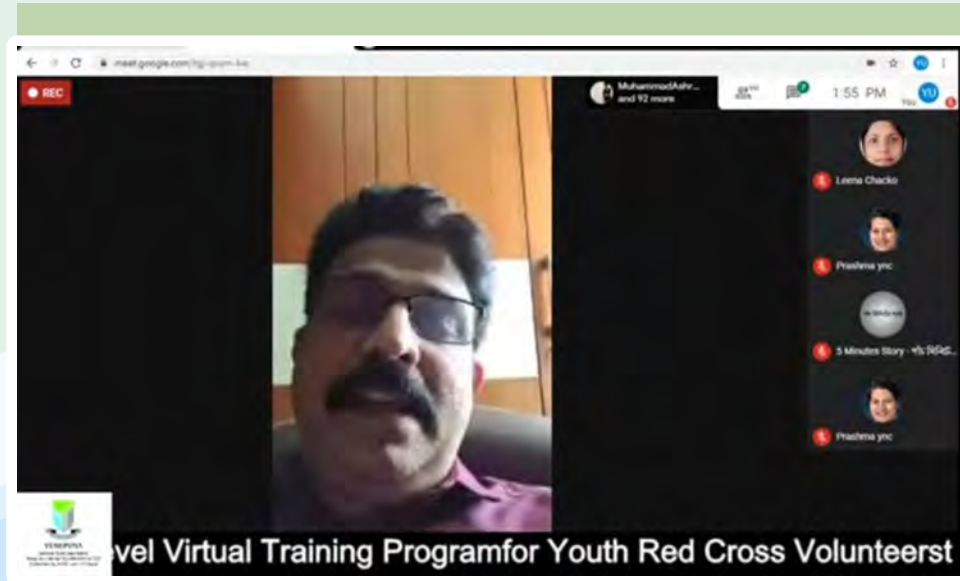


SNA HANDING OVER CEREMONY 2020-21



COLLEGE LEVEL ACTIVITIES

YOUTH RED CROSS



State level Virtual training program for Youth Red Cross Volunteers on enhancing competency 4th and 5th September 2020



Inauguration: First Aid training Programme for Youth Red Cross Volunteers and First Year B Sc Nursing Students of the college on 22nd and 23rd February 2021



COLLEGE LEVEL ACTIVITIES

YOUTH RED CROSS



First Aid training Programme for Youth Red Cross Volunteers and First Year B Sc Nursing Students of the college on 22nd and 23rd February 2021- Resource person: Mr. Sacheth Suvarna, District Youth Red Cross Coordinator, D.K.



State Disaster Response Team Training-2021 in association with IRCS Dakshina Kannada District Branch and Centre of Excellence for Disaster Risk Reduction, NITK, Surathkal, date 19-21st March 2021



COLLEGE LEVEL ACTIVITIES

YOUTH RED CROSS



Disaster management Mock drill program on 24th and 25th of June 2021 (conducted by Department of Community Health Nursing and Youth Red Cross Unit of Yenepoya Nursing College in collaboration with Indian Red Cross Society, D K)



Disaster management Mock drill program on 24th and 25th of June 2021
Resource person: Mr. Ashwin Kumar, SERV instructor D.K.



COLLEGE LEVEL ACTIVITIES

RED RIBBON CLUB



The world AIDS day 2020 programme was organised by Yenepoya Nursing College,(dept of community health nursing) in association with D.K District Administration, Zilla Panchayath, District Health & Family welfare, District AIDS Control & Prevention Unit, District legal services authority, District Information broadcasting and public relation department, Self Service Association, Red Ribbon club of NSS unitsat Yendurance zone, Yenepoya(Deemed to be University).

The Yenepoya Nursing College received best red ribbon College award on this occasion.



Red Ribbon club Coordinator of YNC Mrs. Navya receiving the award on behalf of Red ribbon club of YNC



COLLEGE LEVEL ACTIVITIES

NSS



Ms. Asiya Banu participated in State Republic Day Parade at On 26/01/2021



Ms. Asiya Banu with Organizers in State level Pre- Republic Day training at Bangalore



COLLEGE LEVEL ACTIVITIES

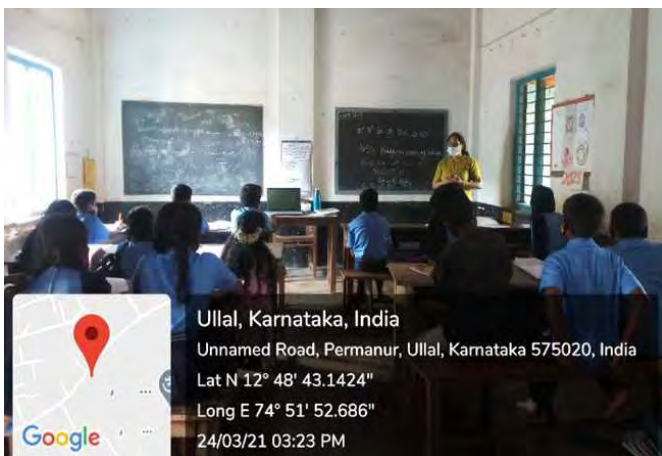
NSS



NSS Volunteers Planting Sapling in the Camp



NSS Volunteers receiving certificate in valedictory session



NSS Programme officer providing awareness on COVID-19 to the school children



OATH Taking by faculty against COVID-19



LAMP LIGHTING CEREMONY





COLLEGE COMMITTEE 2020-21

UG COORDINATION	PG COORDINATION	BOS
<ul style="list-style-type: none"> ◆ Dr. Leena K C ◆ Prof. Umarani J ◆ Mrs. Janet P M ◆ Class Coordinators ◆ Mrs. Anju Ullas (Secretary) 	<ul style="list-style-type: none"> ◆ Dr. Leena K C ◆ Prof. Umarani J ◆ Mrs. Janet P M ◆ HOD's ◆ Class Coordinators ◆ Subject Incharges ◆ Guides (If needed) 	<ul style="list-style-type: none"> ◆ Dr. Leena K C ◆ Dr. Priya Reshma (Secretary) ◆ BOS Chairpersons and members of departments
HOD's MEETING	SNA	NSS/COAP
<ul style="list-style-type: none"> ◆ Dr. Leena K C ◆ Prof. Umarani J ◆ Mrs. Janet P M ◆ Prof. Shashikumar ◆ Dr. Syed Imran ◆ Mr. Gireesh G R ◆ Dr. Padma Priya ◆ Dr. Sasikumar ◆ Mrs. Renit Priya ◆ Dr. Priya Reshma ◆ Mrs. VinayaKumary(Secretary) 	<ul style="list-style-type: none"> ◆ Mrs. Shycil Mathew ◆ Mr. Melvin Jacob <p>Programme</p> <ul style="list-style-type: none"> ◆ Dr. Padma Priya ◆ Prof. Shashikumar (Sports) ◆ Ms. Daisy (Cultural) ◆ Mrs. Indumathi ◆ Mrs. Tejaswini ◆ Ms. Neetha ◆ Mrs. Jyothi (Nightingale Challenge) 	<ul style="list-style-type: none"> ◆ Mrs. Renita Priya ◆ Mrs. Navya <p><u>Red Cross</u></p> <ul style="list-style-type: none"> ◆ Mrs. Nithyashree ◆ Mrs. Prashma <p><u>Red Ribbon</u></p> <ul style="list-style-type: none"> ◆ Mrs. Navya ◆ Ms. Daisy
WEBSITE	YENGAGE	FACULTY MEETING
<ul style="list-style-type: none"> ◆ Mr. Ananda S ◆ Mr. Sreekanth <p>Department</p> <ul style="list-style-type: none"> ◆ Dr. Priya Reshma ◆ Mrs. Vinaya K T ◆ Mrs. Tejaswini ◆ Mr. Ananda S ◆ Mr. Sreekanth 	<ul style="list-style-type: none"> ◆ Mrs. Anju ◆ Dept. peer review team ◆ Subject peer review team 	<ul style="list-style-type: none"> ◆ Mrs. Benazeera (Secretary) ◆ HOD's and Staff ◆ Dept. Secretary to Coordinate with their staff
DEPARTMENT SECRETARY	FINISHING SCHOOL	EXTERNAL VISIT COORDINATOR
<ul style="list-style-type: none"> ◆ CHN- Mrs. Nithya ◆ Paed – Mrs. Renita ◆ MHN- Mrs. Tejaswini ◆ MSN – Mrs. Prashma ◆ OBG – Ms. Amisha 	<ul style="list-style-type: none"> ◆ Ms. Amisha ◆ Mr. Sreekanth 	<ul style="list-style-type: none"> ◆ Mrs. Sharin ◆ Mrs. Nithyashree ◆ With ACTS Yen Committee
STAFF WELFARE	RESEARCH INCUBATION	EXIT EXAM
<ul style="list-style-type: none"> ◆ Mr. Ananda S 	<ul style="list-style-type: none"> ◆ Dr. Sasikumar 	<ul style="list-style-type: none"> ◆ Dr. Sasikumar
IQRA	SWAYAM	HOSTEL
<ul style="list-style-type: none"> ◆ Mrs. Hezil Reema 	<ul style="list-style-type: none"> ◆ Mr. Gireesh G R 	<ul style="list-style-type: none"> ◆ Prof. Umarani J ◆ Ms. Vinitha



COLLEGE COMMITTEE 2020-21

STAFF DEVELOPMENT/CNE	ACTS YEN/SIMULATION	A V AIDS
<ul style="list-style-type: none"> ◆ Mrs. Benazeera ◆ Mrs. Vinaya ◆ Kumari(Journal Club) 	<ul style="list-style-type: none"> ◆ Mrs. Janet P M ◆ Mrs. Renita Priya ◆ Mrs. Hezil Reema ◆ Ms. Amisha ◆ Ms. Pavithra K ◆ Ms. Vinita 	<ul style="list-style-type: none"> ◆ Mrs. Savitha ◆ Class Assistant Coordinators ◆ Lab In charges ◆ Office - Mrs. Sunitha, Mr. Manoj
NAAC/IQAC/NIRF/ UGC/IQRA/ ANNUAL REPORT	SUBSTANCE ABUSE PREVENTION/ COUNSELING	ANTI RAGGING
<ul style="list-style-type: none"> ◆ OBG- Ms. Vinitha ◆ Pediatric- Mrs. Benazeera ◆ CHN- Mrs. Shycil Mathew ◆ MSN- Mr. Gireesh ◆ MHN – Viji Prasad <p>Annual Report</p> <ul style="list-style-type: none"> ◆ Prof. Umarani J 	<ul style="list-style-type: none"> ◆ Mrs. Renita Monteiro ◆ Dr. Syed Imran ◆ Mrs. Viji Prasad 	<ul style="list-style-type: none"> ◆ Dr. Leena K C ◆ Prof. Umarani J ◆ Mrs. Janet P M ◆ Mrs. MelbaLobo(Secretary) ◆ Mrs. Prashma ◆ Ist year Mentors ◆ Ms. Vinitha(Hostel) ◆ Mrs. Viji Prasad
ACADEMIC COUNCIL	CURRICULUM COMMITTEE	CLINICAL COORDINATION
<ul style="list-style-type: none"> ◆ Dr. Leena K C ◆ Prof. Umarani J ◆ Prof. Shashikumar ◆ Mrs. JanetMiranda ◆ Mr. Syed Imran ◆ Dr. Padma Priya ◆ Dr. Priya Reshma 	<ul style="list-style-type: none"> ◆ Mrs. Janet P M ◆ Mrs. Jyothi (Secretary) ◆ HOD's ◆ Subject Incharges 	<ul style="list-style-type: none"> ◆ Dr. Priya Reshma ◆ Ms. Pavithra K ◆ Sr. Aileen HOD's
LIBRARY	SRB	DISCIPLINARY
<ul style="list-style-type: none"> ◆ Mrs. Nithyashree ◆ Mrs. Sharin ◆ Dep. Library Incharges 	<ul style="list-style-type: none"> ◆ Dr. Syed Imran ◆ Dr. Sasikumar 	<ul style="list-style-type: none"> ◆ Dr. Leena K C ◆ Prof. Umarani ◆ Mrs. Janet P M ◆ Mrs.Prashma (Secretary)
STUDENT GRIEVANCE	MAGAZINE:	SCHOLARSHIP
<ul style="list-style-type: none"> ◆ Dr. Leena K C ◆ Prof. Umarani J ◆ Mrs. Janet P M 	<ul style="list-style-type: none"> ◆ Mrs. Anju Ullas ◆ Mr. Sreekanth PS 	<ul style="list-style-type: none"> ◆ Mrs. Janet ◆ Mrs. Melba ◆ Mrs. Savitha

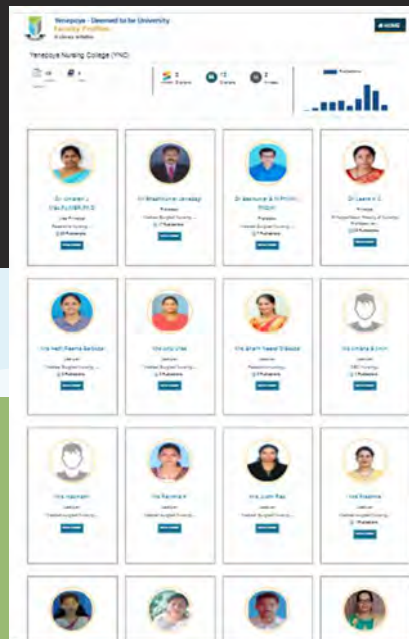


FACULTY DETAILS



FACULTY PROFILE-IRINS WEBSITE

<https://yenepoya.irins.org/faculty/index/Yenepoya+Nursing+College+%28YNC%29>





DEPARTMENTAL ACTIVITIES

CHILD HEALTH NURSING

YENEPOYA NURSING COLLEGE
CHILD HEALTH NURSING
OBSERVATION OF BREAST FEEDING WEEK AUGUST 2020

Best Poem

A Glimpse Of Motherhood

Oh drink my baby, my little one
You're all ought to be mine
Made from my blood nd' soul.
Weighing down my fertile breasts,

Educational Video

ಸ್ವನ್ಯಪಾನ ಕುರಿತು
ಆರೋಗ್ಯ ಶಿಕ್ಷಣ

Educational PPT

ಸ್ವನ್ಯಪಾನ

ಕಾಯಿ ಎದೆ ಕಾಲು
ಅಮ್ಮಕ್ಕೆ ಸಮಾನ

ಎದೆಕಾಲು ಮನುಷ್ಯರಿಗೆ ಒಂದು
ಪ್ರತ್ಯಕ್ಷಿತರತೆ ಕೊಡುಗೆ

Prepared by: Child Health Nursing Dept, YNC

Best Slogan

Feed your child with
your magical love , lay
mile stone for better

Department of Child Health Nursing, Yenepeya Nursing College, organized world breast feeding week from August 1-15. Department organized following activities. Health education video was developed and circulated among mothers. Health education material in the form of PPT was displayed in the Yenepeya medical college hospital for 15 days. Slogan and poem writing competitions were conducted for the students and prizes were distributed to the winners. Approximately 500 general public including mothers were benefited from the activity. 6 departmental faculty participated and coordinated in the program.

Observation of Breast Feeding Week August 2020

Tricks for small towns and rural markets

The slide displays a collage of popular fast-food items and beverages, including Coca-Cola cans, Maggi packets, and burgers, illustrating the 'tricks' used in small towns and rural markets.

Online Nutrition Awareness Program for School Children on 26.09.2020



DEPARTMENTAL ACTIVITIES

CHILD HEALTH NURSING



Observation of Children's Day
on 14.11.2020 at Kapikad Anganwadi

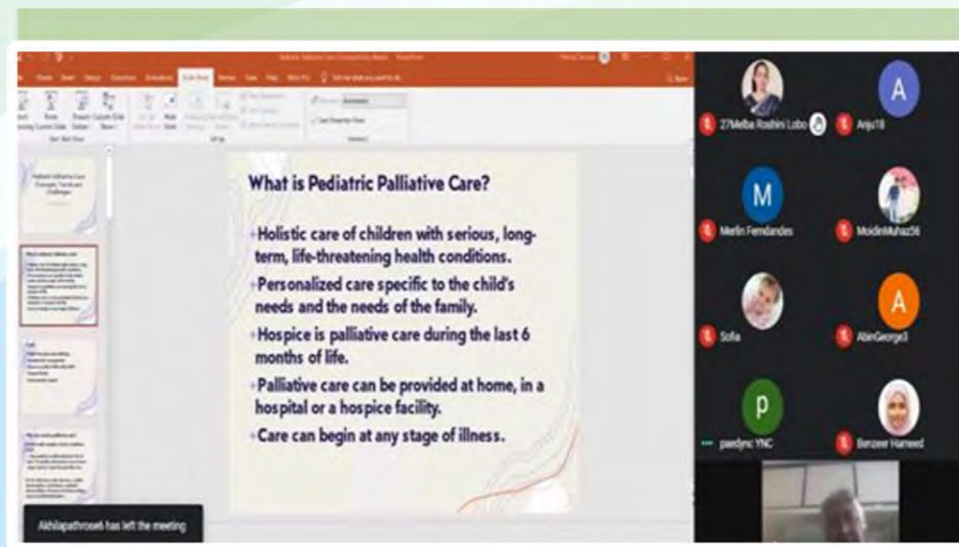


Observation of Dental Health month at
Yenepoya Medical College Hospital on 27.02.2021



DEPARTMENTAL ACTIVITIES

CHILD HEALTH NURSING

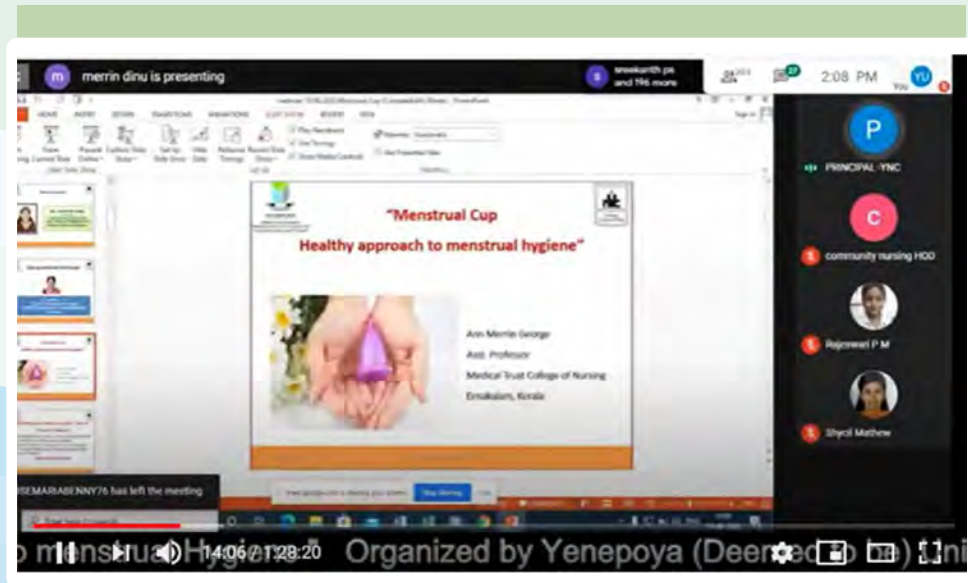


Guest lecture on Palliative Care on 30.04.2021



DEPARTMENTAL ACTIVITIES

COMMUNITY HEALTH NURSING



Webinar on Menstrual cup:
Healthy Approach to Menstrual Hygiene 19.08.2020

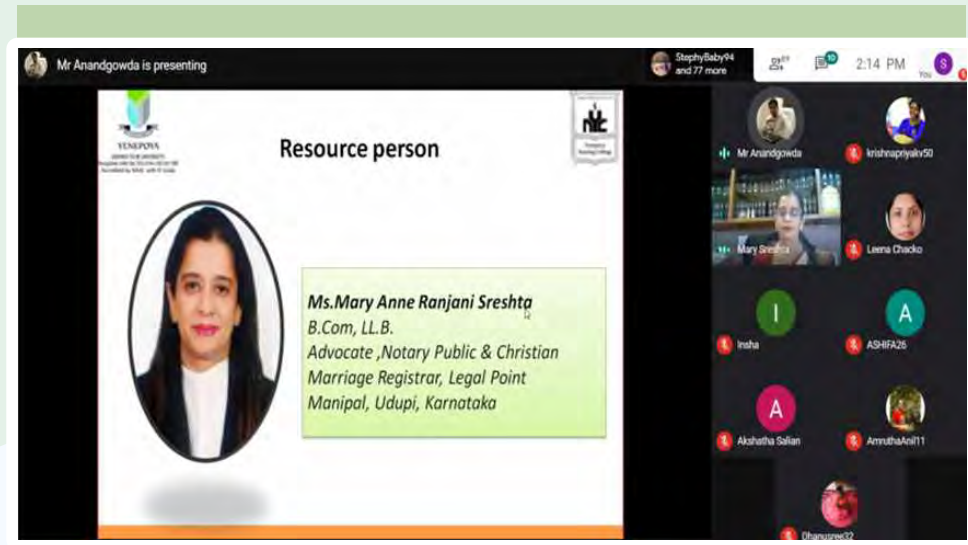


Webinar on "Water quality and testing-public health importance"
on 26.09.2020



DEPARTMENTAL ACTIVITIES

COMMUNITY HEALTH NURSING



Webinar series on Constitution and Human rights in a nutshell
21.09.2020 to 24.09.2020

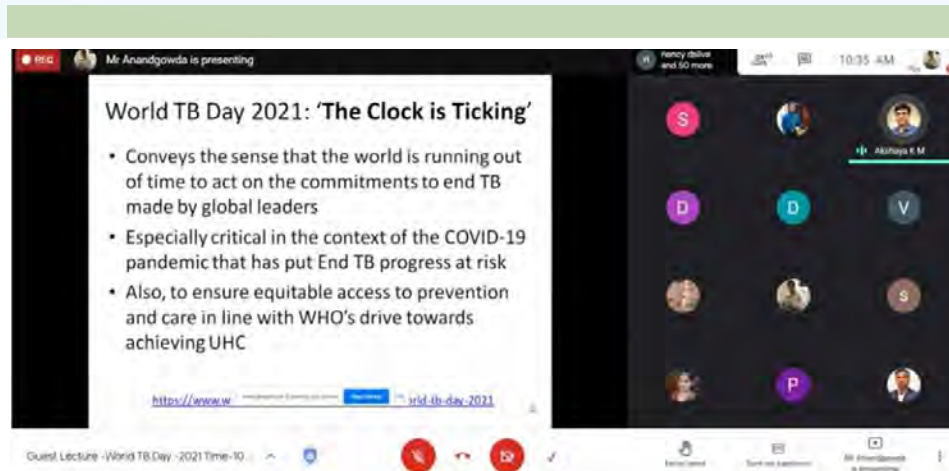


National level E –poster Competition–The Nurses and Diabetes,
as part of World Diabetes Day 2020 on 16.11.2020

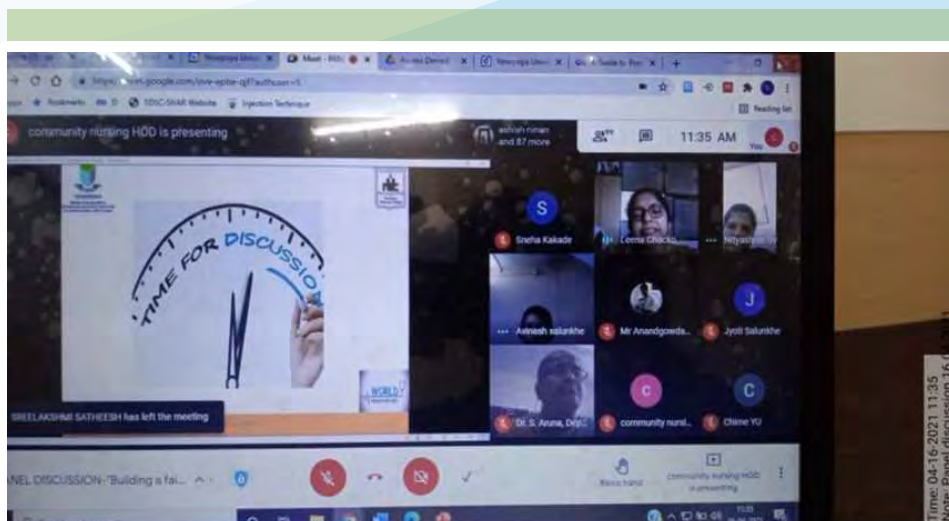


DEPARTMENTAL ACTIVITIES

COMMUNITY HEALTH NURSING



World TB Day- E-Guest Lecture on -
Elimination of Tuberculosis: The Clock is Ticking-26.03.2021



World Health Day E- Panel Discussion on
Building a fairer, healthier world 16.04.2021



DEPARTMENTAL ACTIVITIES

COMMUNITY HEALTH NURSING



Disaster Management Mock Drill Programme: 24th and 25th of June 2021





DEPARTMENTAL ACTIVITIES

COMMUNITY HEALTH NURSING



Nutrition exhibition and education programme: 12/01/2021



Nutrition demo at Kolya Anganwadi:
Diet for Antenatal Mothers on 12.01.2021



DEPARTMENTAL ACTIVITIES

COMMUNITY HEALTH NURSING



University
Hospital
Google

Deralakatte, Karnataka, India
yenepoya nurising college
Lat N 12° 48' 43.2828"
Long E 74° 52' 47.7912"
05/02/21 11:27 AM

Kottakar PHC Iron and vitamin C Rich diet on 11.02.2021



Beer
Google

Kotekar, Karnataka, India
Kinnis Building, Beeri Derlakatte Rd, Kotekar, Karnataka
575022, India
Lat N 12° 47' 14.514"
Long E 74° 51' 40.5828"
23/02/21 11:38 AM

Antenatal Diet Health Education on 15/01/2021 at Kaneerthota Anganwadi



Google

Ullal, Karnataka, India
Kaneer Thota Rd, Kumpala Village, Ullal, Karnataka 575022, India
Lat N 12° 47' 52.9116"
Long E 74° 51' 47.9988"
15/01/21 11:17 AM

Immunitybooster Diet and Nutrition Demonstration on 23.02.2021 at Beeri



DEPARTMENTAL ACTIVITIES

COMMUNITY HEALTH NURSING



Nutrition Demo Iron Rich Diet on 11.02.2021

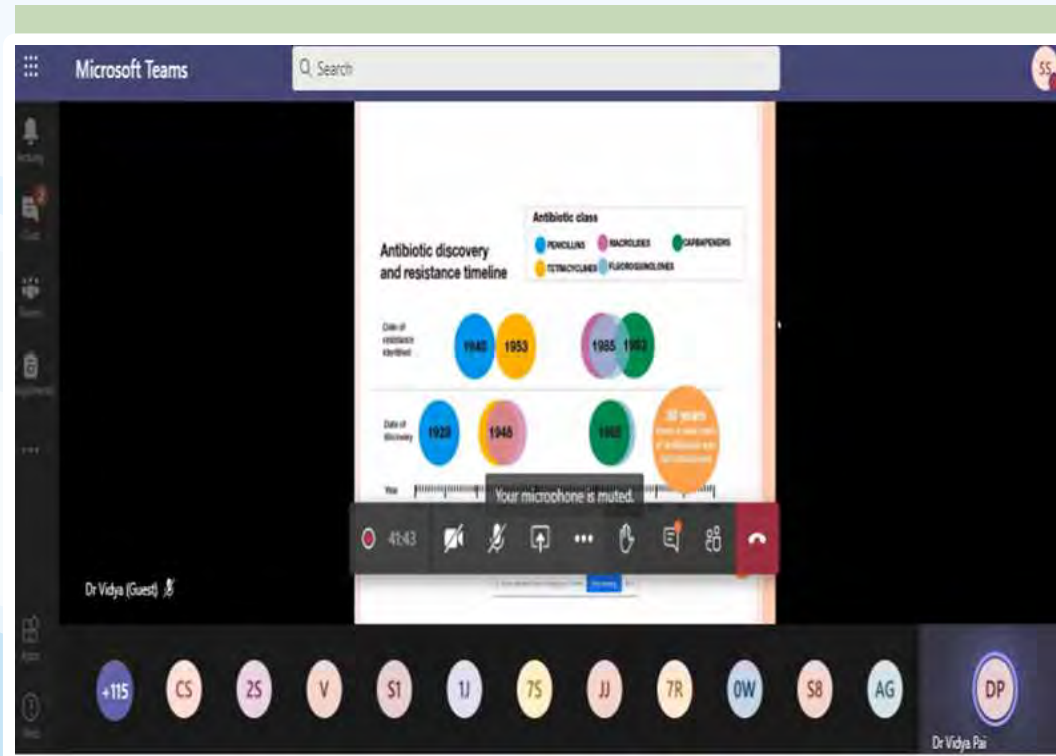


Model Preparation and Exhibition of Models of Rain Water Harvesting, Large Scale Water Purification, Sanitary Well and Sewage Treatment Plant On 30.1.2021 And 27/2/2021



DEPARTMENTAL ACTIVITIES

MEDICAL SURGICAL NURSING



Webinar on “World Antibiotic Awareness week – United to preserve antimicrobials” on 19/11/2020 (online mode). The resource person was **Dr. Vidhya Pai**, Dept of Microbiology YMC.



Webinar on “Student nurses: Starting their career amidst COVID-19 pandemic on 04/08/2020 (online mode). The resource person was **Dr. Fathima D’Silva**, Dean/Principal, Nitte Usha Institute of Nursing Sciences, Mangaluru.

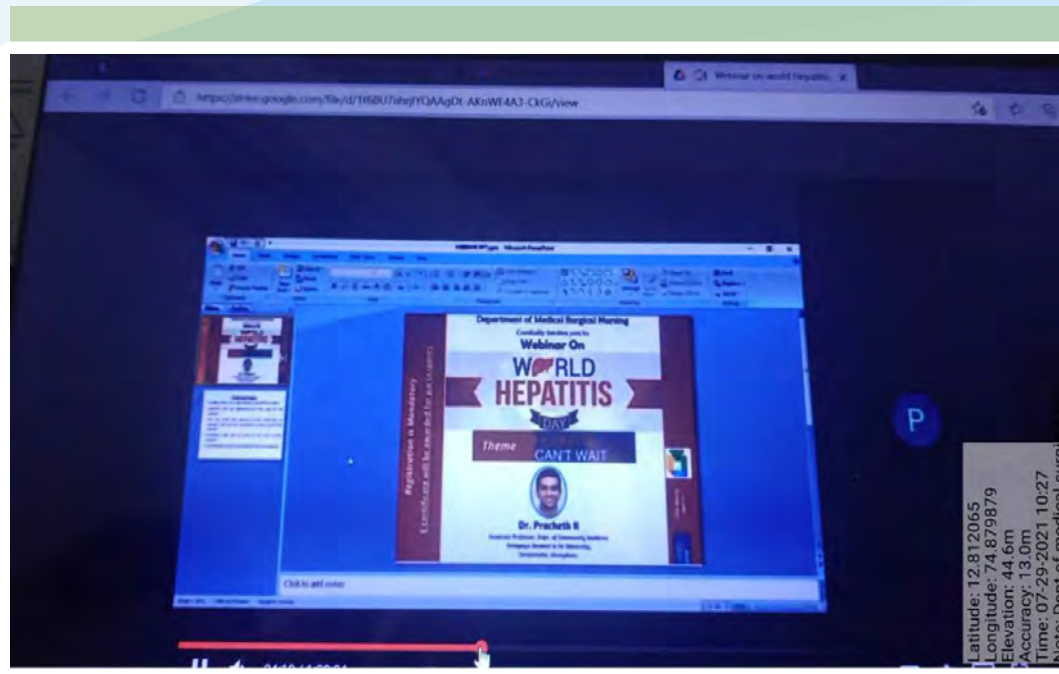


DEPARTMENTAL ACTIVITIES

MEDICAL SURGICAL NURSING



Webinar on International Day for Older Persons: "Pandemics: Do They Change How We Address Age and Ageing?" on 01/10/2020 (online mode)
 The resource person was **Dr. Anand Ambali**, Dept of Medicine
 Shri B M Patil, Medical College and Research Centre.

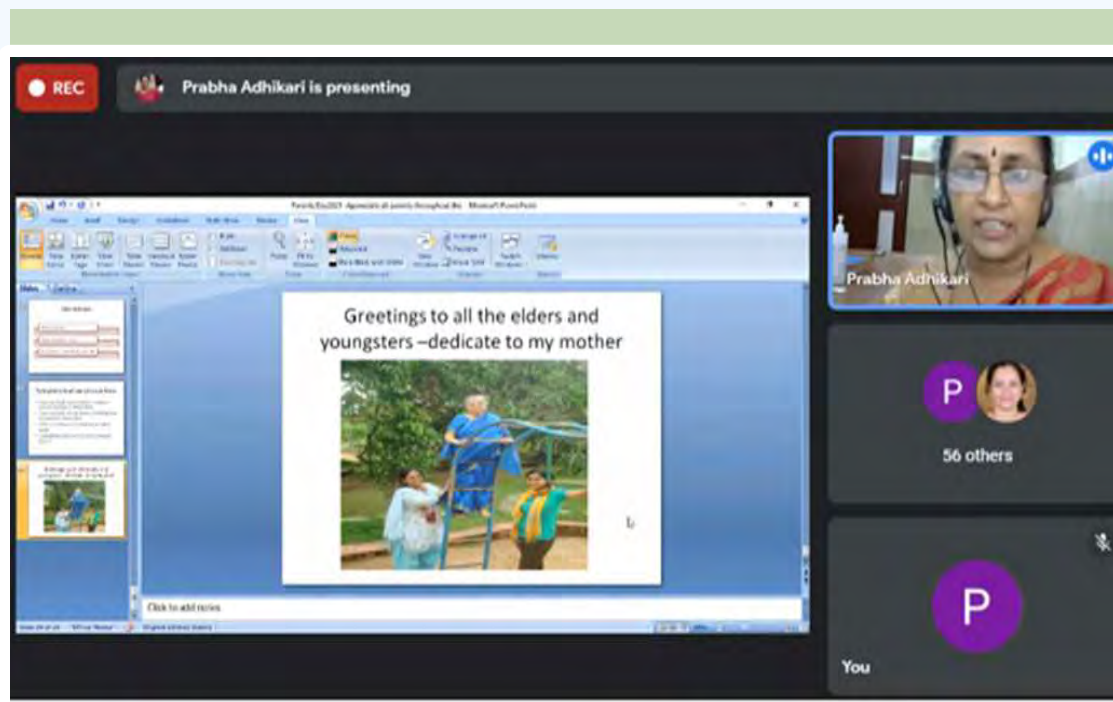


Webinar on Hepatitis Day Theme: "Hepatitis can't wait"
 on 28/07/2021 (online mode). The resource person was
Dr. Pracheth R, Dept of Community Medicine, YMCH Mangaluru



DEPARTMENTAL ACTIVITIES

MENTAL HEALTH NURSING



National Parent's Day, the Department of Mental Health Nursing 2021
The resource person was Dr. Prabha Adikari, Dept of Medicine, YMCH, Mangaluru.

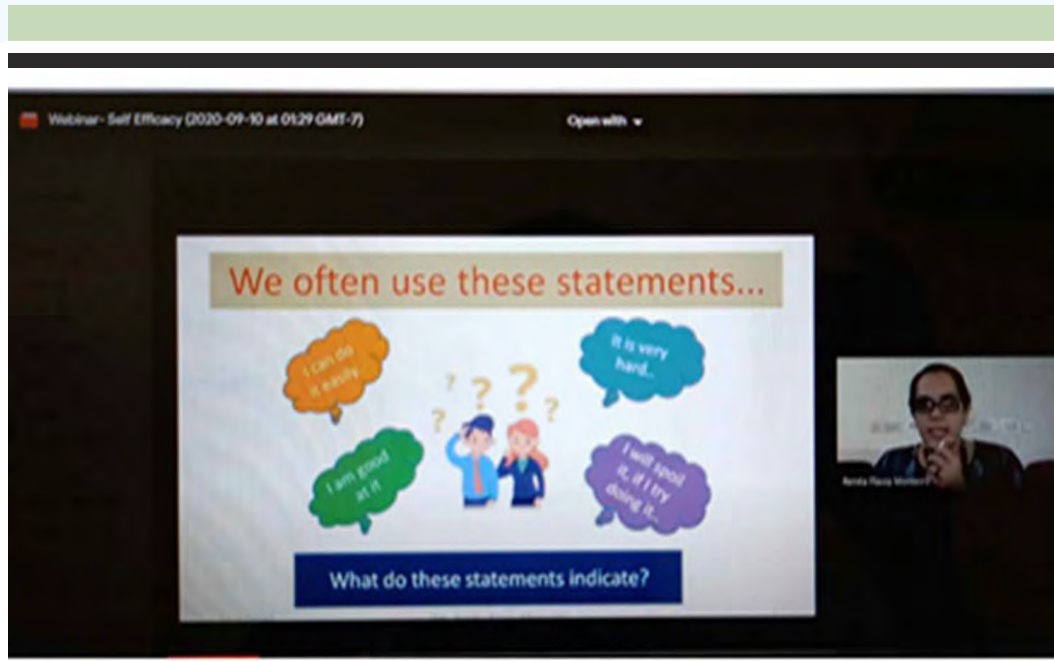


World Autism Awareness Month -2021

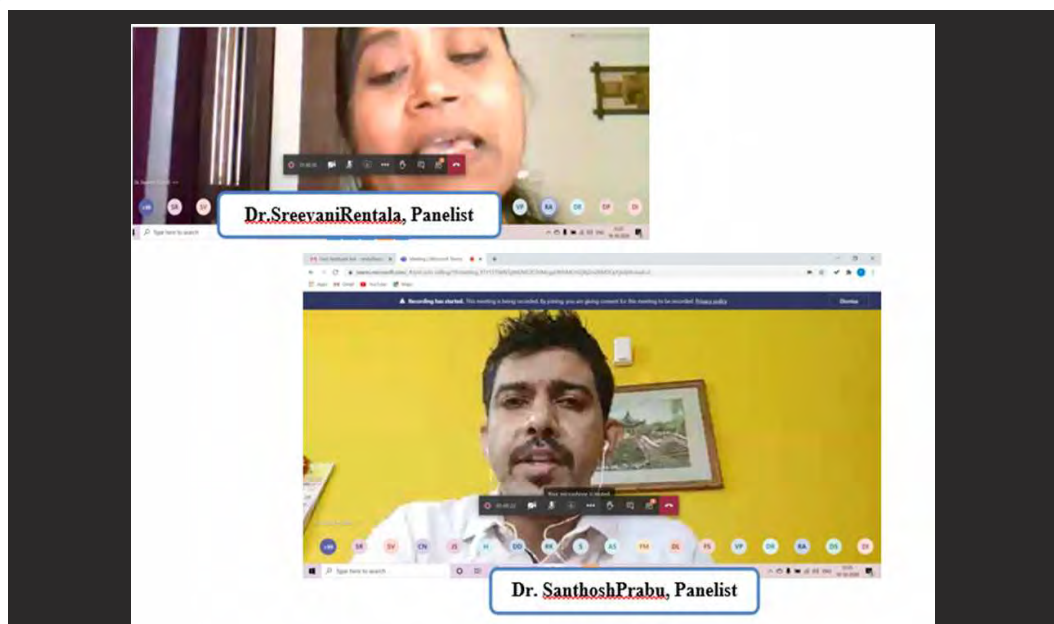


DEPARTMENTAL ACTIVITIES

MENTAL HEALTH NURSING



Self-efficacy in light of world Suicide Prevention day 2020



Virtual Panel Discussion on Mental Health For All Greater Investment – Greater Access 2020



MENTAL HEALTH NURSING

The image shows a Zoom webinar interface. The main window displays a presentation slide with the following text:

YENEPOYA NURSING COLLEGE
A CONSTITUENT COLLEGE OF YENEPEDA (DEEMED TO BE UNIVERSITY)

Department of Psychiatric Nursing
Cordially welcomes you to the

WEBINAR ON NATURE v/s NURTURE

By
Dr. Raja Suresh Kumar
Assistant Professor of Medical Physiology

On 17th August 2020 , 2.00pm- 3.00pm

The slide also features a logo on the left and a DNA helix icon on the right. A smaller window on the right shows the speaker, Dr. Raja Suresh Kumar, who is gesturing with his hands.

The second screenshot shows a slide with the following diagram:

Nature vs **Nurture**

↓

Genetic Inheritance (in a red box)

↓

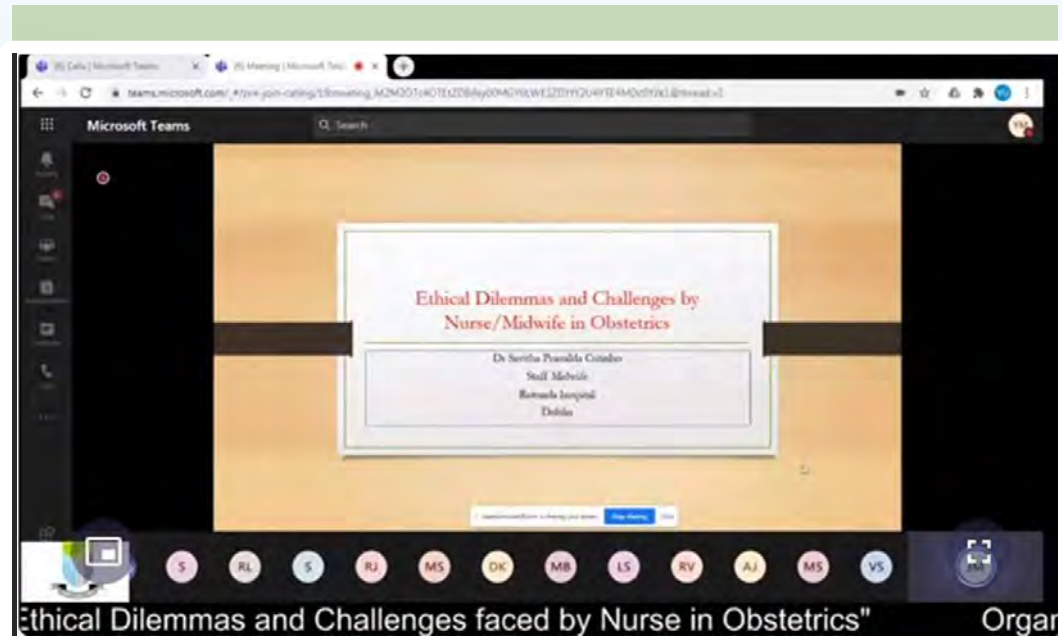
Influence of external factors after conception (in a purple box)

A smaller window on the right shows the speaker, Dr. Raja Suresh Kumar, who is gesturing with his hands.

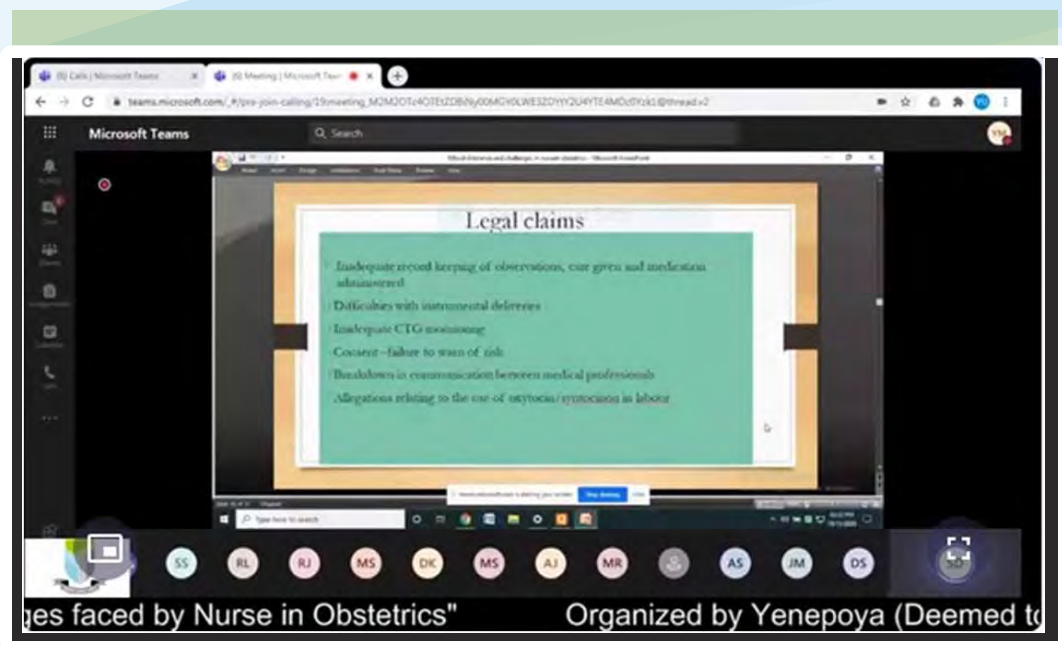
Webinar- Nature Vs Nurture 2020



OBSTERTIC & GYNAECOLOGY NURSING



Organized international webinar titled "Ethical dilemmas and challenges faced by nurse in obstetrics" on 15th October 2020 at 2.00pm. The resource person was Dr. Savitha Pramilda D'Souza, Staff midwife at national maternity hospital, Dublin, Ireland.





OBSTERTIC & GYNAECOLOGY NURSING



Observed the Sexual and Reproductive Health Awareness Day on 12th February 2021 at Government Minorities Morarji Desai Girls PU Residential College, Deralakatte, Mangaluru from 11am to 1.00 pm. The resource person was Dr. Padmapriya S, HOD (OBG-Nursing), Yenepoya Nursing College, Yenepoya (deemed to be) University.





DEPARTMENTAL ACTIVITIES

OBSTERTIC & GYNAECOLOGY NURSING

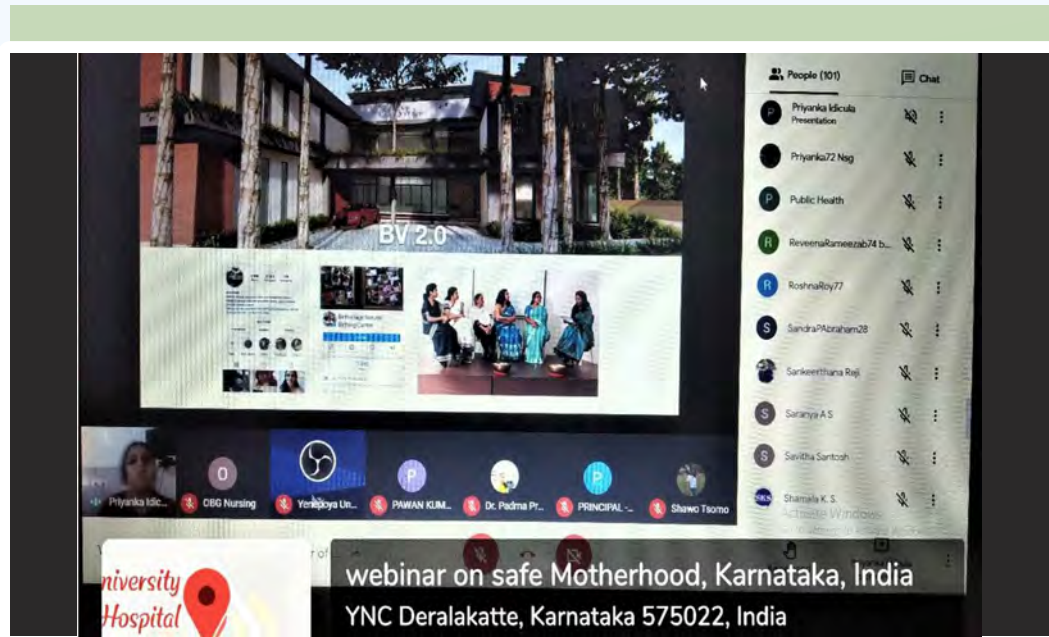


Observed International Women's Day 2021 in Collaboration with OBG Dept, YMCH, Mangaluru on 8th March 2021 in OBG ward at 1 pm. The resource persons were Dr. Spoorthi, 2nd Year PG and Dr. Shazna, 3rd Year PG, Dept of OBG, YMCH delivered health talk on antenatal care in Kannada and Malayalam language. The students of 1st PBB.Sc(N), Yenepoya Nursing College performed role play regarding the importance of antenatal nutrition in Kannada language followed by diet exhibition.





OBSTERTIC & GYNAECOLOGY NURSING

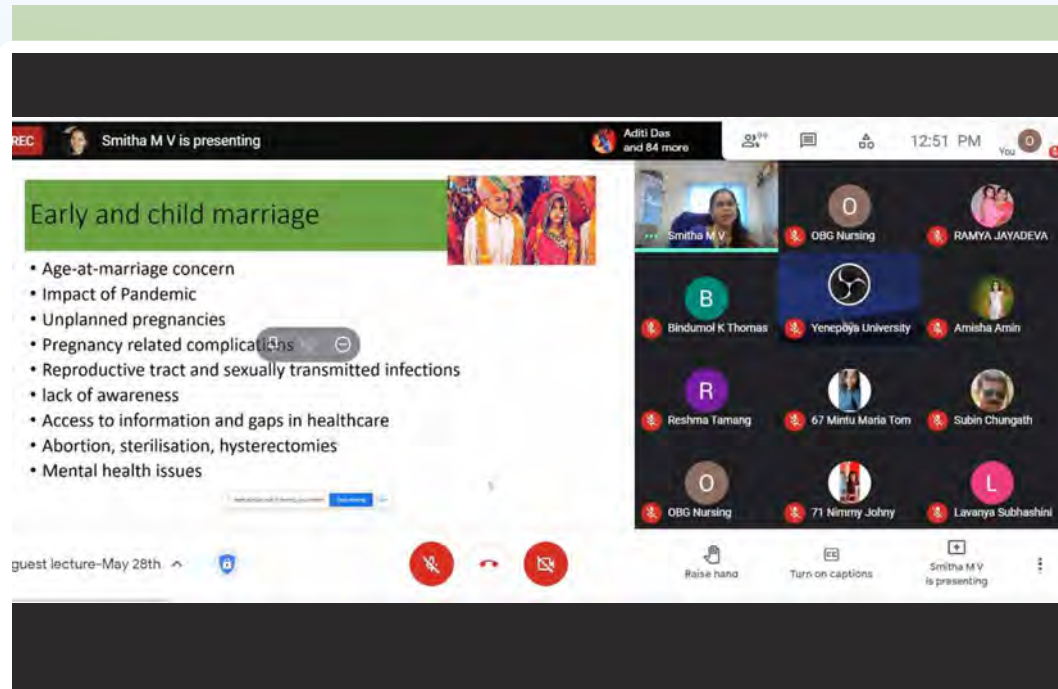


Organized a webinar on “Safe Motherhood: A Matter of Human Rights and Social Justice” on 17th April 2021 and the resource person was Ms. Priyankaldicula, Certified professional international midwife (U.S.A) and a Lamaze certified childbirth educator, Co-Founder and Director of Birth village, The Natural Birthing Center, Ernakulam.

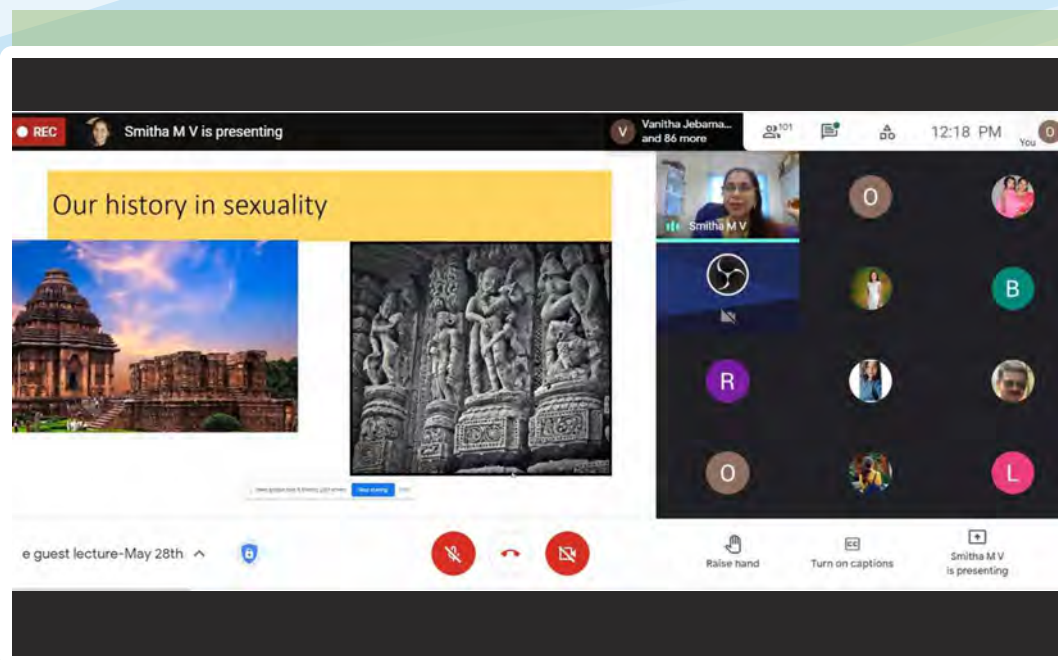




OBSTERTIC & GYNAECOLOGY NURSING

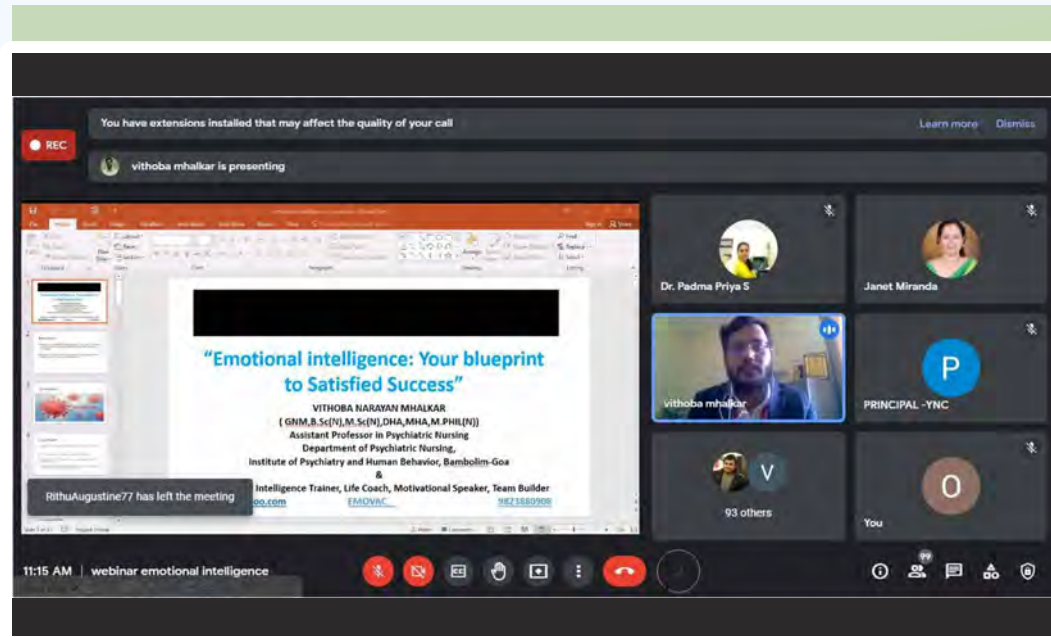


Organized E-guest Lecture on "Women's reproductive health: The freedom to make choices" on 28th May 2021. The resource person was Dr. MV Smitha, Associate Professor, AIIMS College of Nursing, Bhubaneswar, and Odisha, India.

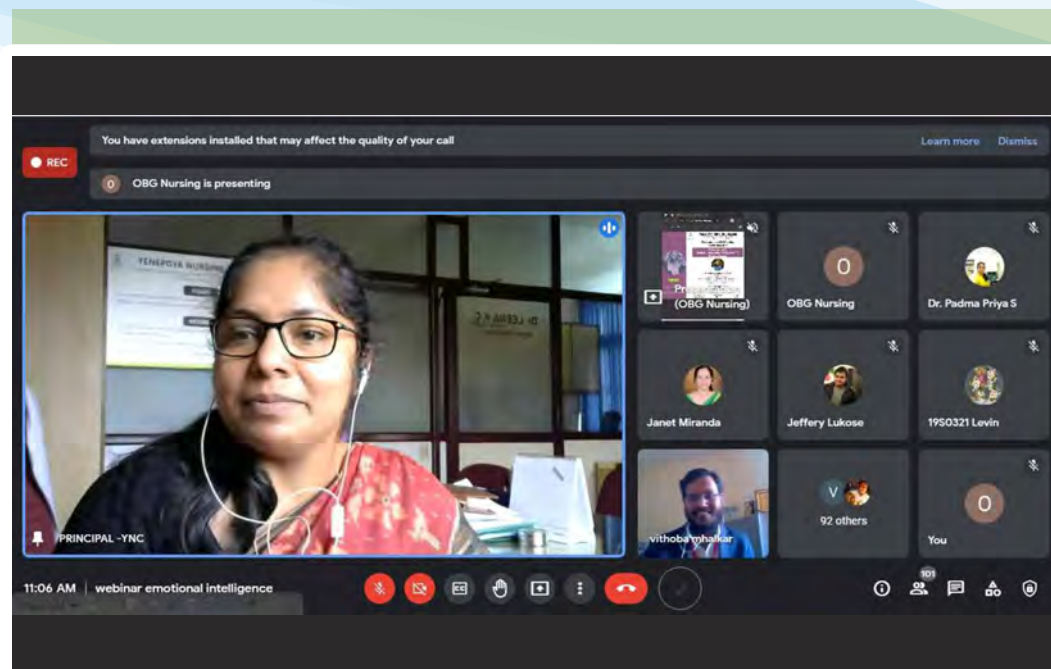




OBSTERTIC & GYNAECOLOGY NURSING



Organized E-guest lecture on the topic "Emotional Intelligence: Your Blueprint to Satisfied Success" on 03.7.2021 and resource person was Mr. Vithoba Narayan Mhalkar, Assistant professor, Institute of Psychiatry and Human behavior, Bambolim, Goa.





DISTINCTION HOLDERS (2019-2020 BATCH)



Ms. Sofia M
II M.Sc Nursing
Child Health Nursing



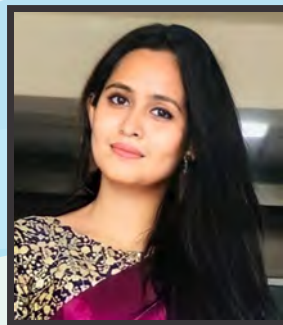
Mrs. Vineesha Dhaneesh
II M.Sc Nursing
Mental Health Nursing



Ms. Christy Varghese
II M.Sc Nursing
Medical Surgical Nursing



Ms. Shamna Bhanu
II M.Sc Nursing
Medical Surgical Nursing



Ms. Akangshaw Ann Paiva
II M.Sc Nursing
Medical Surgical Nursing



Ms. Akshatha V Salian
II M.Sc Nursing
Medical Surgical Nursing



DISTINCTION HOLDERS (2020-2021 BATCH)



Ms. Shaharban Riyas
I M.Sc Nursing
Child Health Nursing



Ms. Navitha
I M.Sc Nursing
Child Health Nursing



Mr. Arun M K
I M.Sc Nursing
Medical Surgical Nursing



Ms. Bonika Surendran
I M.Sc Nursing
Medical Surgical Nursing



Mr. Abdul Muzavir
I M.Sc Nursing
Medical Surgical Nursing



Mr. Mohammad Sharvan
I M.Sc Nursing
Medical Surgical Nursing



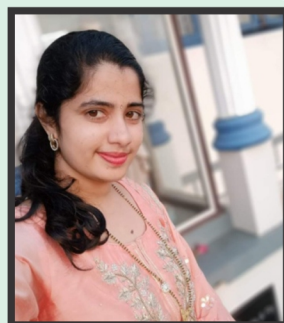
Ms. Aswathy
I M.Sc Nursing
Child Health Nursing



Mr. Jithin
I M.Sc Nursing
Medical Surgical Nursing



Ms. Ajanta Antony
I M.Sc Nursing
Mental Health Nursing



Ms. Preema Reshma Pinto
I M.Sc Nursing
Child Health Nursing



Ms. Chime Dollar
I M.Sc Nursing
OBG Nursing



DISTINCTION HOLDERS (2019-2020 BATCH)



Ms. Ashly Das
II P.B.B.Sc (N)



Ms. Aswathy O P
II P.B.B.Sc (N)



Ms. Hitha Kunjumon
II P.B.B.Sc (N)



Ms. Jyothi M D
II P.B.B.Sc (N)



Ms. Mounika N
II P.B.B.Sc (N)



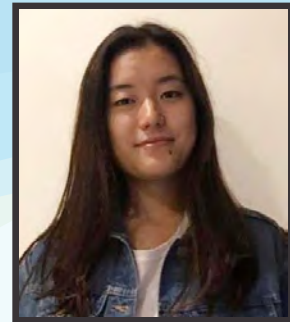
Ms. Nisha
II P.B.B.Sc (N)



Ms. Amrutha B K
II P.B.B.Sc (N)



Mahadeva Prasad
II P.B.B.Sc (N)



Ms. Tenzin Tsephel
II P.B.B.Sc (N)



Ms. Annaporna
II P.B.B.Sc (N)



Ms. TenzingTsepak
II P.B.B.Sc (N)



Ms. Tenzin Tsephel
II P.B.B.Sc (N)



DISTINCTION HOLDERS (2020-2021 BATCH)



Ms. Jasmine Flavia Dcunha
I P.B.B.Sc (N)



Ms. Sisira Satheesh
I P.B.B.Sc (N)



Ms. Dhanu KS
I P.B.B.Sc (N)



Ms. Joshina Johnson
I P.B.B.Sc (N)



Ms. MigmarTsamchoe
I P.B.B.Sc (N)



DISTINCTION HOLDERS (2017-2018 BATCH)



Kirtee Balachandra Salian
IV year B.Sc (N)



Fathimath Thaisha
IV year B.Sc (N)



Chandan Kumar
IV year B.Sc (N)



Gopika Babu
IV year B.Sc (N)



Roshna Roy
IV year B.Sc (N)



Helna Anil
IV year B.Sc (N)



Saranya P
IV year B.Sc (N)



Elvisha Dsouza
IV year B.Sc (N)



Jinta K Reji
IV year B.Sc (N)



DISTINCTION HOLDERS (2017-2018 BATCH)



Reveena Rameeza
IV year B.Sc (N)



Jenifa K
IV year B.Sc (N)



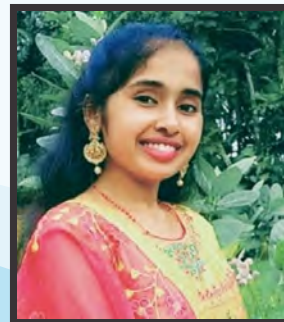
Sudina A
IV year B.Sc (N)



Gopika Babu
IV year B.Sc (N)



Varsha Shaji
IV year B.Sc (N)



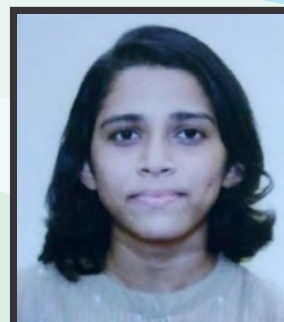
Joslin Reeshma Dsouza
IV year B.Sc (N)



Arjun R K
IV year B.Sc (N)



Liya Abraham
IV year B.Sc (N)



Jinta K Reji
IV year B.Sc (N)



DISTINCTION HOLDERS (2017-2018 BATCH)



Sneha Joy
IV year B.Sc (N)



Prageerthana
IV year B.Sc (N)



Fathima M N
IV year B.Sc (N)



Jobina Jose
IV year B.Sc (N)



Nivya Padmanabhan
IV year B.Sc (N)



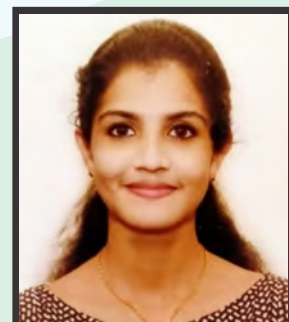
Kezia Abraham
IV year B.Sc (N)



Anet Tresa Paul
IV year B.Sc (N)



Aswathy A
IV year B.Sc (N)



Mariya Varghese
IV year B.Sc (N)



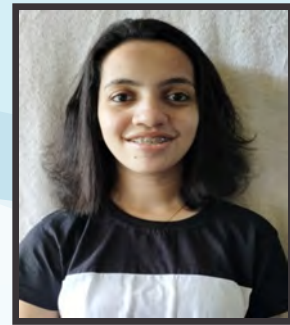
DISTINCTION HOLDERS (2018-2019 BATCH)



Ansu Shaji
III year B.Sc (N)



Silpa Regi
III year B.Sc (N)



Maria Jose
III year B.Sc (N)



Amala Anil
III year B.Sc (N)



Nishitha EV
III year B.Sc (N)



DISTINCTION HOLDERS (2019-2020 BATCH)



Gopika KS
II year B.Sc (N)



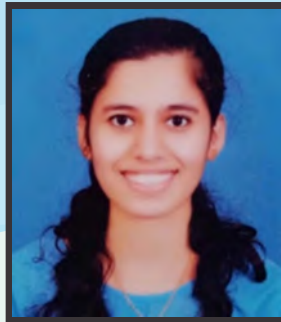
Priya P Thomas
II year B.Sc (N)



Swathi B Nair
II year B.Sc (N)



Kripa C George
II year B.Sc (N)



P Gopika
II year B.Sc (N)



Rispa Kuriakose
II year B.Sc (N)



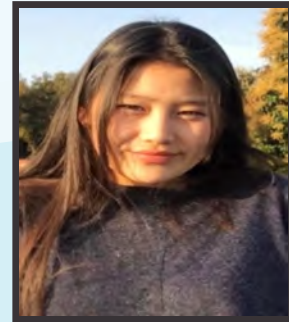
DISTINCTION HOLDERS (2020-2021 BATCH)



Neha Binu
I B.Sc Nursing



TashiTso
I B.Sc Nursing



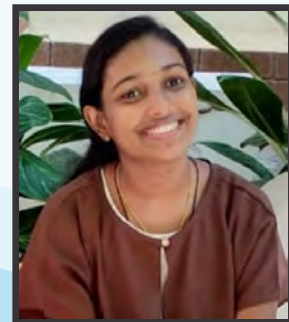
Tenzin Choeyang
I B.Sc Nursing



NawangPaldon
I B.Sc Nursing



Devika Anil
I B.Sc Nursing



Sneha Binu
I B.Sc Nursing



Steny Thomas
I B.Sc Nursing



Dona Sebastian
I B.Sc Nursing



Lima Ann Mathew
I B.Sc Nursing



ACHIEVEMENTS

FACULTY ACHIEVEMENTS



Mrs. Janet Primae Miranda received the Good Teacher Award



Mrs. Renita Priya D'Souza received the Good Teacher Award



Mrs. Hezil Reema Barboza received the Good Teacher Award



ACHIEVEMENTS

STUDENT ACHIEVEMENTS



Mr. Neeladri from BSc Nursing won first place in Body Building - under 23 and secured a title "Mr.Daskhina Kannada"



Ms. Asiya Banu selected for state Republic day parade



PHOTO GALLERY

CHILD HEALTH NURSING



COMMUNITY HEALTH NURSING





PHOTO GALLERY

MEDICAL SURGICAL NURSING



MENTAL HEALTH NURSING





PHOTO GALLERY

OBESTERTICS & GYNAECOLOGY NURSING



NON TEACHING STAFF





PHOTO GALLERY

OUT GOING BATCHS



IV YEAR B.Sc NURSING (2017-2018 BATCH)



II YEAR P.B.B.Sc NURSING (2019-2020 BATCH)



IIYEAR M.Sc NURSING



PHOTO GALLERY

YEN PETALS



I YEAR B.Sc NURSING (2020-2021)



II YEAR B.Sc NURSING (2019-2020 BATCH)



III YEAR B.Sc NURSING (2018-2019 BATCH)



PHOTO GALLERY



I YEAR P.B.B.Sc NURSING (2020-2021 BATCH)



I YEAR M.Sc NURSING (2020-2021 BATCH)



PHOTO GALLERY

CAMPUS LIFE





PHOTO GALLERY



MAN OF MY THOUGHTS

SAFA HANAN
1 year B.Sc. Nursing



It was a beautiful dusk
I think it was milder than musk
The dusk so kind that gave me him
Oh god, you've blessed me to the brim!
His face is all so tough

And behaved too rough
But deep inside I know
He is the sweetest of all
I've seen him shout at everyone
And seen him cry without anyone.

I've seen that face without that roughness
Which looked so red like plum rose
He know me the most

Who kept me happy at any cost
No matter how fierce we taugt
And end up shouting at our throat

Oh I'm still happy that I got him
For God has gifted me to the brim
The sunshine of my happiness;
'YOU THE BEST BHAYYA'

JOURNEY WITH MEMORIES

SNEHA TOMY
1 year B.Sc. Nursing



It's time to leave
Time to take a deep break
From the hurry burry life.
Nothing is left in my hands
Only the teardrops of memories
"Oh my dear memories ,please
Let's have a journey together "
Does it bother you
Whether Hell or Heaven
The doors are open for us
They are waiting for us.

Let me take you as my companion
Companion to make me sink in my thoughts
To enjoy the little moments left.
Can you take me to the chapter of
childhood
Adulthood was too boring to me
Let me take a look at my innocence
Where no face was wrapped by mask
There is a long way to go
Slow your motion
Dear memories
Do you leave me alone?
All others have already left
You are the one, whom I trust.



SHE

ASWATHI SASI
1 year B.Sc. Nursing



On reaching back home the old lady opened the door and realized that her house had been burgled. She immediately called the police. She was frightened... She thought

Today morning only I left the house and went to my Daughter's house. What will be happened within these 2 hours?

And also what was the purpose of calling me into her house. They left me here alone and today she calls me very happily. I think she will allow me to live with her... But....

If my dear John was there.... He will never leave me alone. But you left the earth before me after he left me my son also leave me alone...I was with my daughter... At last she also...

I can't realize what was happened today. My daughter didn't talk to me even she didn't look at me. My grand child was the only person who spoke to me.. I feel very bad and I left the house ... I felt that a big bird is disturbing me by scratching my heart. And also now it is giving me a big shock. How can I live without anything...?

Excuse Me Mom, a police man arrived and break her thoughts and continue... Mom what happened to you..? You are looking very bad. Are you okay?

For her it was a rain in the desert. She felt more comfortable. And she explained everything. The enquiry started and the police arrested the thief.

"Mom look at him.. He is the thief" The police man said.

"Oh No" She screamed out.

Yes it was her son who leaves her alone. She realizes it was a planning by her son and daughter.

The mother can't speak out a single word. She murmured... Dear John please takes me from here... She told to the police Man "Sir I have no complaint"

Police Man was shocked "why Mom?

"How a mother cans complaint about her child" ...

The police left the thief and he told to the mother ,Mom you are welcome to my home.. Sure you will be a queen there... I know the value of mother..... Because Am an orphan"

The lady was surprised and looks at him. Her eyes were raining..His too.



LOVELY END

ELZIT JOSEPH
1 year B.Sc. Nursing



My journey is to find the end of everything
That end which could obviously embrace me
If I am in need of or it will reach me
When it needs me long

Well, U may have heard the dark side of it
But just try loving it...
That's the belief which gives me the strength
whenever I loose

I'm always willing to embrace it with all my heart
Since, I just wanted to find someone so special
there
Who gave me life and sacrificed himself for me
on a cross.
"MY ULTIMATE LOVE..."

Who gave even his last breath for me?
I love death...
So, I can meet him
"I LOVE YOU JESUS..."



THE WORLD OF MAGIC

Name a small village full of greenery, trees, and rivers on the hillside. There was a little girl named Reshma in that village. Her parents died at a young age .she had a sister. Her name is Rekha. After the death of her parents, Reshma and his sister also grew up in her grandmother's house. Her grandmother raised theme without informing them of any suffering.Reshma excelled in her studies,but her dream was to become a film actress. All of her classmates were kids from the big house so she was successful that her wish would not come true. Reshma is friends were very jealous as she went ahead with her studies. So one day the class teacher found out all the children dreams. Reshma told everyone about her inner desire. But her grandmother could not agree with her wish. He tried to correct her, but she did not hear what her grandmother was saying. Meanwhile, a film is being shot in her village.

Her friend who knows her desire told her that when she heard that someone who knows my father was working in it she was very happy and

hope she would get a chance to act. So one day while she was sitting in the stream the postman came to her with a letter. In that letter was the good news she been waiting to hear the most .it was a letter called her to audition.

Those letters indicated which day to go and where to go. The next day she went to the audition place and told her to take a shower in the morning and go to school. But what she had to take there was a very bad experience. They treated her badly. She realised that what she dreamed of and that she wanted to live in was in a magical world. She realised that she had to choose a life full of mistakes to reach that magical world. So she changes all the mistakes in her life and travels to new admission life and new dreams.

ALPHONSA THOMAS
1 year B.Sc. Nursing





DRIED FLOWER

HANOONA HASEEN
1 year B.Sc. Nursing



*! Blooming up from the ground!
! The dried flowers
The flower which has gave me,
It just flow with my way,
i tender them with my hands ,
And water with wails,
i have buried you in every place I ve been,
One day they will bloom,
To fill fragrance in the dale,
You keep ending up in my shaking hands.....*



HOPE

AGUNES PHILIP
1 year B.Sc. Nursing



The story begins with a girl practicing for her interview. She lives in Hyderabad. Her name is Meera, an ordinary girl with lots of dreams. This was her fifth interview and first interview in this year. But not like before, she is well prepared this time. She believes this interview definitely will be the first step of her dream.

Her father is very strict, so it is important to get ready fast and at correct time.

Suddenly her father knocks the door and shouts.

'Meera..., Are you ready for your interview?'

Meera replied, Yes papa...

Meera don't be so panic. But remember this is your fifth interview...

Meera hate others counting her number of attempts.

'Don't worry papa, I have hope this time'

'Remember sharp at 10:00 AM be ready ok?'

She replied, Sure papa....

As per the plan they left the house at 10am

But in the middle of the journey she heard that shocking news..... No other way, finally they went back home.

She cried a lot. That was heartbreaking news for her. She was depressed!

"Damn, this Covid will ruin all my dreams..... My preparation, my time, my hardwork, all went useless.

Due to covid pandemic they were restricted to travel.

Actually that was unexpected news for her. She was well prepared for this interview and now she couldn't attend it.

'Hello, Meera open the door'

That was her papa and mama. She open the door.

They spoke to her calm and try to relieve her pain.....

That was really an unexpected approach from her strict father.

Father told her, 'Look Meera, worst situations sometimes play with our life. But we have two choices; one is to give up or to keep trying.....

See now you just missed an interview, but you have a lot of opportunities left. Just wait for it. God will bring up best for you. Remember keep going your perseverance, hard work and determination will pay you..

Always carry hope in your life journey.

The advice of her father totally changes her life and she realise this pandemic is not to quit but to restart.....



A glimpse of Motherhood

SONA MELBIN JOSEPH
III YEAR B.Sc NURSING



Oh drink my baby, my little one
You're all ought to be mine
Made from my blood and' soul.
Weighing down my fertile breasts
Hiring all of my clout n' shield

Thought of a metaphor than this
To nurture you my tot
Since it hurts me as a rug burn
Still and all you're from me...

The serene & bliss of your visage
Upon being solacing on my skin
Overwhelms me with contentment
Often makes me giggle..,
Of your drunken sailor look

Ohdrink my baby, my little one
Shifting your gaze from my pap
Upon my drowsy midnight nap
How the world could ever resist you...
From such an adorable being
Been nurtured;

Thought why the lady could
Of the house, suckled her baby
With a nursing bottle,
Dreadful devour for the little...

Being a live- in maid,
Of this ecstatic mansion,
Toiling to make both ends meet
Carrying you around my teat
Couldn't halt myself from nursing you

Oh drink my baby, little one,
As far from dusk to dawn
For being the very reason for a pause
To love this instinctual motherhood,
Admiring the divinity of each drops..

To look upon you, as a better man
Rather living in a well-off world
Everything must begin from me,
Each drops of love nd' purity
Only a mother could dreamt of,
A poverty-stricken mother indeed...

YOUTH AND SUICIDE

CHANDAN KUMAR
IV YEAR B.Sc NURSING



Our country is considered one of the youngest in the world. But I see lack of confidence in handling crisis and criticism in our young people. Problems and worries, ups and downs alone do not shape one's life, but the way you look at them counts a lot. According to WHO, around 8,00,000 people commit suicide every year- every person thinks about ending his life and every 40 seconds one commits suicide. It's the leading cause of death 15-44 years old. India accounted for the highest no. of suicides in 2012.

Astonishingly every minute, a student commits suicide several mind-numbing counts of young lives yielding to suicide has left us shocked in India. Kota, the education hub for competitive exams has seen ever-increasing no. of suicides due to frustration, unrealistic expectations and elusive dreams of guaranteed success. Infuse positivity, confidence and courage to deal with failures of life.

Students have to look beyond mark sheets to succeed and embrace life & always give examples of Abraham Lincoln facing multiple failures, only to super-succeed in his 50's to become president of USA.

Michael Phelps Olympic height gold medal winner, Deepika Padukone thus defeated depression taking professional help.

Look around you there are physically challenged people starting companies, IAS or other competitive exams later in life. Neither Virat Kohli, Dhoni, Saina Nehwal or Mary Kom had success without overcoming failures and

frustrations.

Depression has been the leading cause of suicide, engaging in physical activity, shunning compatible life of social media, developing "never say die attitude" will prevent us getting into a glove of depression. But if one has clinical depression, suicidal thoughts, never hesitate to approach a psychiatrist or other mental health professional.

Since depression is not only caused by setbacks of life but also due to change in brain neurochemical imbalance. Antidepressants and counseling treat the root cause and have true potential to avert crisis. Once you come out of depression, you'll look back and realize that you worried too much about things that don't really matter.

Challenging one's energy with focused attention can bring peace, success and happiness in life. Always develop self-comparison, be bold to say no to internal smoking, alcohol or other substances.

They say success is never final and failure is never fatal, it's in the courage that counts.

Our youth have tremendous potential to be innovators and leaders of the future. Hence have patience to prosper, courage to face criticism, faith to face failure and victory will be yours one day for sure.

"REMEMBER IT'S NOT OVER, UNTIL YOU WIN"

ART GALLERY



MADONA MATHEW
I YEAR B.Sc NURSING



SHAHANAS VS
I YEAR B.Sc NURSING

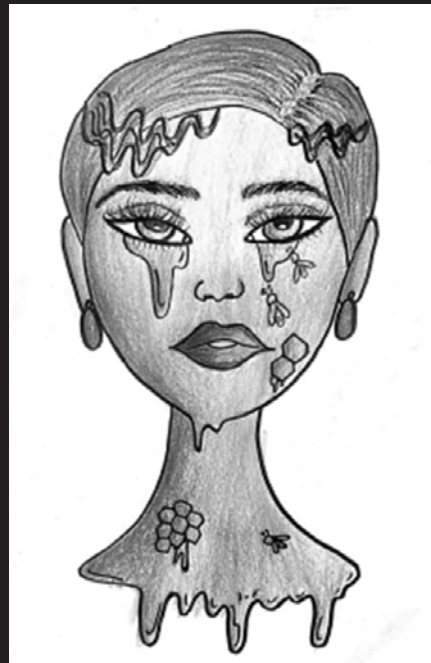
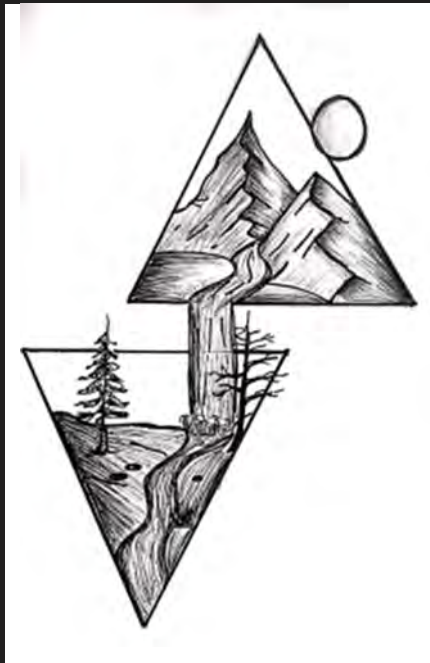


VISMAYA BAJI
I YEAR B.Sc NURSING



RIYA GEORGE
I YEAR B.Sc NURSING

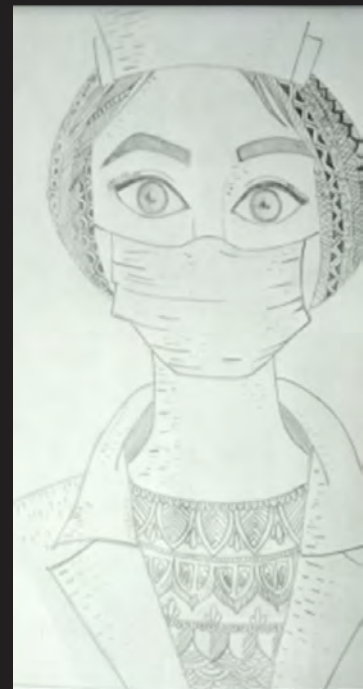
ART GALLERY



Mintu Maria Tom
I YEAR B.Sc NURSING



SAFA HANAN
I YEAR B.Sc NURSING



ANEETA P BABU
I YEAR B.Sc NURSING

ART GALLERY



ANJU MARY THOMAS
I YEAR B.Sc NURSING

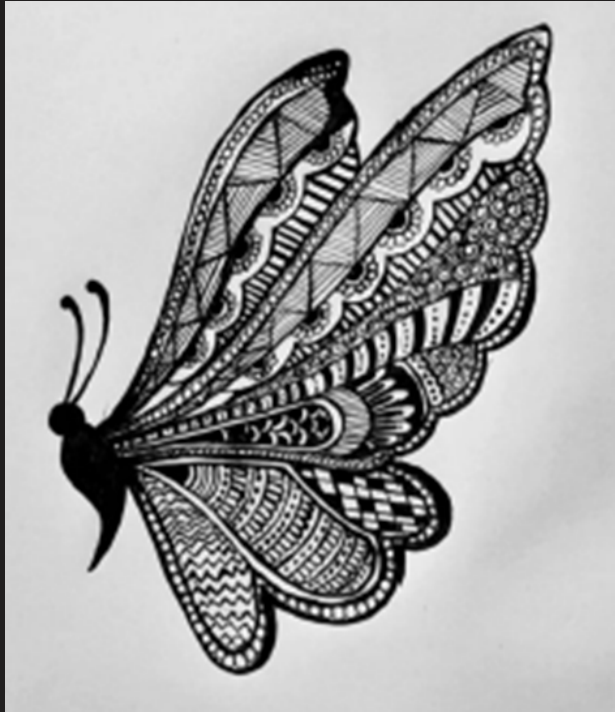


ANGEL JOHN
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ANGEL JOHN
I YEAR B.Sc NURSING

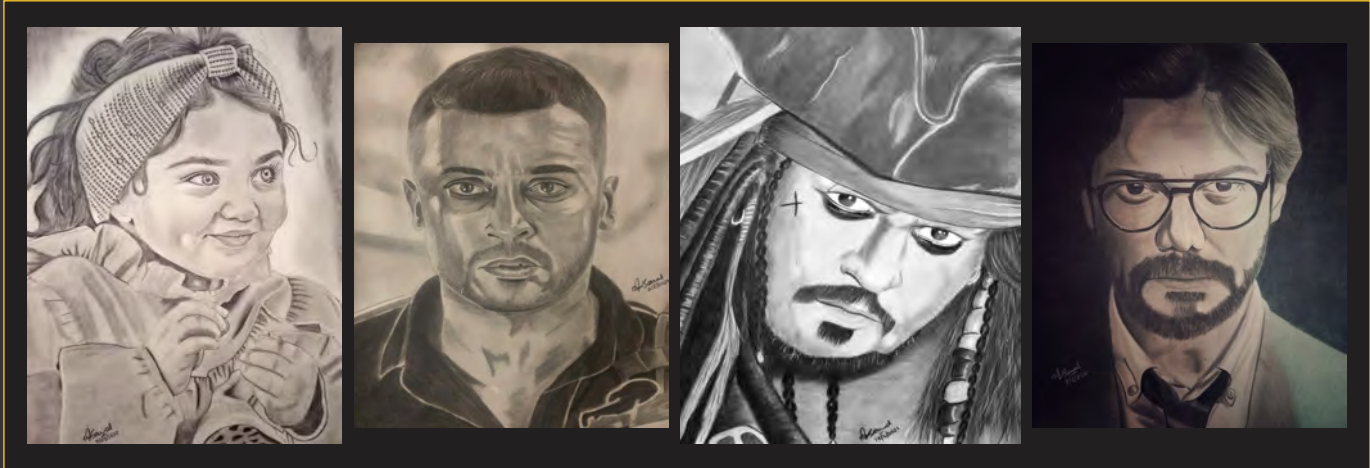
ART GALLERY



JISHA MATHEW
I YEAR B.Sc NURSING

ANGEL JOHN
I YEAR B.Sc NURSING

ART GALLERY



SANAL PRAMOD
I YEAR M.Sc NURSING



SIJI U
2014-2018

ALUMNI CONTRIBUTION

Destiny the painter

*Life turns to be a Canvas,
Displaying emotions as vivid colours,
Mixing and Matching Variants,
Destiny is creating a Marvellous picture.*

*I can't say nor you can say,
Which is the magnificent colour?
Manifest by destiny the life painter,
However the out-turn creation,
Will blow your mind for sure.*

*I too watch destiny the painter,
Like a child watching the sea,
Pouring colours of emotions,
Vividly and proudly in canvas of hearts.*

*The beauty of the picture,
Solely depends on the nature of colours,
And the way you present it,
You own your painting.*

*Say to Destiny the painter,
How you want your painting,
And get your picture of your like,
Add it to the gallery of your life Album...*

MRS DONA ELIZABETH ALEX
2005 batch







YENEPOYA

[DEEMED TO BE UNIVERSITY]

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- FACULTY OF SCIENCE
- PHARMACY
- AYURVEDA
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- NATUROPATHY & YOGIC SCIENCES
- ARTS & SOCIAL SCIENCES
- COMMERCE & MANAGEMENT

UNDER GRADUATE

MBBS
BDS
B.Sc Nursing
PBB.Sc Nursing
Bachelor of Physiotherapy (BPT)
Bachelor of Pharmacy (B. Pharm)
Bachelor's in Hospital Administration (BHA)
B Sc. Medical Laboratory Technology
B Sc. Medical Imaging Technology
B Sc. Renal Dialysis Technology
B Sc. Perfusion Technology/Anesthesia & OT Technology
B Sc. Cardiac Vascular Technology
B Sc. Respiratory Technology
B Sc. Medical Technology
B.Sc. Optometry
B Com (Hon.)
B.Com with ACCA
BA (Eng/Journalism/Social Work)
B. Sc (Hospitality Science)
BAMS
BHMS
BNYS

POST GRADUATE

MD
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Mch
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Master of Physiotherapy (MPT)
Masters in Hospital Administration (MHA)
Masters in Social Work (MSW)
Masters in Public Health (MPH)
Msc. Medical Anatomy
Msc. Biochemistry/Microbiology
MSc. Pharmacology/Physiology
Msc. Computational Biology
MSc. Regenerative Medicine
Msc. Research Ethics

DOCTOR OF PHILOSOPHY (Ph.D)

CERTIFICATE/DIPLOMA

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Post Graduate Diploma in Clinical Ethics
Diploma in Pharmacy (D. Pharm)
Post Graduate Diploma in Forensic Anthropology & Odontology
Certificate courses in Child Health
Certificate courses in Ophthalmic Theatre Assistant
Certificate Course in Hospital Safety & Infection Control
Certificate courses in Health Care & Hospital Planning
Post-Doctoral Fellowship in Cleft & Craniofacial Surgery
Post-Doctoral Fellowship in Cleft Orthodontics
Certificate courses in Dental Ceramic & Technology
Certificate courses in Basic Implantology

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